

Executive Summary

Sonja Jean Boyum Meiers, PhD, APRN, CNS, RN, PHN, AGCNS-BC, FAAN
Jane W. and James E. Moore Nursing Research Professor
 Nursing 103
 5 Roosevelt Avenue
 Eau Claire, WI 54701
 715-836-5287
meierssj@uwec.edu

Professional Goals: To demonstrate superb enduring national and international contributions to health and health care by 1) contributing to nursing science and nursing practice to enhance patient and family health outcomes and family care delivery, and 2) providing nursing science focus and professional nursing leadership at the university, state, national, and international levels.

Summary of Qualifications

- Persistent, ground-breaking nursing science promoting nursing and interprofessional practice excellence to improve patient and family health outcomes
- Visionary and trusted nurse leader at state, regional, and international levels
- Innovative development and implementation of nursing undergraduate and graduate curriculum at the University level
- Collaborative and prophetic organizational leader advancing family nursing science, education, practice and policy

Education

Graduate Certificate (AGCNS)	Winona State University, 2020
PhD	University of Minnesota, 2002
MS	Winona State University, 1995
BS	College of St. Teresa, 1981
Diploma	Lutheran Deaconess School of Nursing, 1977

Selected Experiences and Accomplishments

- Co-sponsored inaugural seven Nursing Research Forums at UWEC and by Zoom highlighting UWEC faculty along with Delta Phi Chapter, Sigma (2023-2024)
- Two inspiring, successful, international family nursing conferences with internationally-known keynote speakers and family nursing, science, education, practice and policy papers
- Forty published articles indexed in PubMed
- Midwest Nursing Research Society Abstract Award 2024
- Development, testing, and publication of two research measures, one for use by family members and one for use by nurses, that have been tested and translated into multiple languages.
- Presidential leadership of over 390 active members in the International Family Nursing Association and strategic planning through a pandemic 2019 - 2021
- Award winning population-health focused graduate nursing curriculum
- 80% increase in enrolled graduate nursing students and 74 DNP graduates of Winona State

- 31% increase of licensed APRNs in Minnesota between 2014 and 2019

Selected Representative Honors

- Office of Research and Sponsored Programs, Faculty Research Forum 2024 University of Wisconsin
- University of Wisconsin System Research Development Grant Writing Academy Fellow 2023-2024
- Office of Research and Sponsored Programs Celebration of Scholarship Recipient 2023 University of Wisconsin
- Fellowship in the American Academy of Nursing 2020
- American Association of Colleges of Nursing's Leaders in Academic Nursing Fellowship 2020-2021
- Centers of Disease Control and Prevention/American Association of Colleges of Nursing (AACN) Innovations in Graduate Population Health Curriculum Award, Washington, DC (October 29, 2016)

Extended Curriculum Vitae

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EDUCATIONAL HISTORY

Academic Degrees in Nursing

Graduate Certificate (AGCNS)	Winona State University, 2020
PhD	University of Minnesota, 2002
MS	Winona State University, 1995
BS	College of St. Teresa, 1981
Diploma	Lutheran Deaconess School of Nursing, 1977

Post-Graduate Training

Elevating Leaders in Academic Nursing Fellow Training, American Association of Colleges of Nursing, July 2020 – May 2021

Post-Graduate Certificate, Adult-Gerontology Clinical Nurse Specialist (AGCNS) Program, Winona State University, May 8, 2020
I intend to establish APRN practice to support patients and families managing chronic illness in the community while employed within a nursing education program.

Leadership Institute. Professional Development Series, Minnesota State University, Mankato, Mankato, MN, 2006

Certification

American Nurses Credentialing Center – Adult-Gerontology Clinical Nurse Specialist, June 9, 2020 – June 9, 2025

EMPLOYMENT HISTORY

Academic

- 2022– Present Inaugural Jane R. and James E. Moore Nursing Research
- Maintaining active research program; engage in grant writing; develop relationships within the college and university, including collaborations with community agencies; collaborate with Delta Phi Chapter, Sigma in development of research events; participate in university events promoting scholarship; commitment to equity, diversity, and inclusion; teach a maximum of three credits in preferred area of nursing specialty or scholarship; nurse scientist enhancing nursing faculty and nursing student knowledge and skills in nursing science and evidence-based practice
- 2022 – 2023 Professor and Acting Dean, College of Nursing and Health Sciences, University of Wisconsin-Eau Claire (UWEC)
- Conducting research and maintaining my established research program; grant writing for externally funded research; engaging with and providing leadership in collaborative research with community agencies; and providing leadership to the College of Nursing during a major leadership transition time and administering College mission and operations.
- 2020 – 2022 Inaugural Chair, Department of Graduate Nursing, and Professor, College of Nursing and Health Sciences, Winona State University (WSU).
- Provided leadership in development of new Department of Graduate Nursing with over 30 full and part-time faculty and staff and 350 graduate students across 7 programs in a full virtual environment while also teaching NURS 608 Organizational and Systems Leadership and advising thesis and Doctor of Nursing Practice (DNP) project students
- 1/2024 – 8/2024 Professor, College of Nursing and Health Sciences, Winona State University (WSU)
- Teaching and advising DNP students
- 2009 – 2022 Director, Graduate Programs in Nursing, and Professor, College of Nursing and Health Sciences, Winona State University (WSU)
- Provided leadership in MnSCU DNP Consortium and in transitioning to autonomous WSU DNP; hired and directed Project Manager in MnSCU DNP program assessment project; transitioned to WSU DNP curriculum development while transitioning from MnSCU DNP; WSU DNP curriculum and program approval through university and state levels and Higher Learning Commission designation to offer doctorate; developed new faculty

workload and budget processes to accommodate DNP Project advising

Provided leadership for conversion of all APRN programs to DNP from MS degrees and development of adult-gerontology acute care nurse practitioner (AGACNP) and psychiatric-mental health nurse practitioner (PMHNP) programs; secured funding for program development from HealthForce Minnesota; coordinated local and statewide needs assessments to determine needs for AGACNP and PMHNP programs; partnered with clinical agencies to hire AGACNP and PMHNP clinicians to develop curriculum along with expert faculty; and established relationships with clinical partners to support clinical placement

Directed initiatives to improve clinical readiness of APRN students for practice; Forged partnerships between providers from clinical agencies and WSU faculty experts in curriculum design to enhance curriculum; provided resources for pilot testing different pedagogies in the advanced health assessment course; paved the way for expansion of clinical simulation; developed new faculty payment structures to support summer clinical bootcamp

- 2008 – 2009 Co-Coordinator of the Taylor Endowment and Nursing Institute for Family and Society, School of Nursing, Minnesota State University, Mankato
- 2008 – Present Sonja Meiers Consulting (Research Methods), Rochester, MN
- 2007 – 2009 Professor and Research Graduate Faculty, School of Nursing, Minnesota State University, Mankato
- 2003 – 2007 Associate Professor and Graduate Program Director, School of Nursing, Minnesota State University, Mankato
- 2002 – 2003 Associate Professor, School of Nursing, Minnesota State University, Mankato
- 1995 – 2002 Assistant Professor, School of Nursing, Minnesota State University, Mankato
- 1992 – 1993 Instructor and Student Relations Coordinator, School of Nursing, Minnesota State University, Mankato
- 1992 Adjunct Clinical Instructor, School of Nursing, Minnesota State University, Mankato
- 1990 – 1993 Pediatric Staff Nurse, Home Care, Early Parenting Education, Immanuel- Joseph's Hospital, Mankato, MN
- 1986 – 1989 Independent Home Care Nurse, Intercounty Nursing Service Thief River Falls, MN
- 1987 – 1989 Program Coordinator, Parent Educator, Early Childhood Family Education, Red Lake Falls, MN
- 1987 – 1989 Owner, Manager, Instructor, Les Bonnes Amies Fitness Center, Red Lake Falls, MN
- 1982 – 1986 Licensed School Nurse, Pine Island Public Schools, Pine Island, MN
- 1978 – 1982 Pediatric Staff Nurse, St. Mary's Hospital, Rochester, MN
- 1977 – 1978 Neurology Staff Nurse, Bethesda Hospital, St. Paul, MN

Minnesota RN License # 836860-1954929 – Expires June 2026

Wisconsin RN License # 265795 – 30 – Expires March 2026

Minnesota PHN Registration # 6740

Minnesota APRN, Clinical Nurse Specialist Registration # 586 – Expires June 2026

SELECT PUBLICATIONS

Articles in Peer-Reviewed Journals

- Meiers, S.**, de Goumoëns, V., Thirsk, L., Abbott-Anderson, K., Brysiewicz, P., Eggenberger, S., Heitschmidt, M., Kiszio, B., Mcandrew, N. S., Morman, A., & Richardson, S. (2024). Nursing strategies to mitigate separation between hospitalized acute and critical care patients and families: A scoping review. *Intensive & Critical Care Nursing*, 84, 103773. <https://doi.org/10.1016/j.iccn.2024.103773> [data-based]
- Dinsmore, J. S., Schmidt, C. L., Messner, P. K., Loth, A. R., & **Meiers, S. J.** (2024). Enhancement of preoperative mental health assessment through clinical nurse specialist project leadership. *Clinical nurse specialist CNS*, 38(2), 80–90. <https://doi-org.proxy.uwec.edu/10.1097/NUR.0000000000000801> [data-based]
- Solstad, K., Kamrath, H., **Meiers, S.**, Goloff, N., & Scheurer, J. M. (2024). Pediatric end-of-life simulation workshop to clinical care: Lasting implications on clinical practice. *Palliative medicine reports*, 5(1), 136–141. <https://doi-org.proxy.uwec.edu/10.1089/pmr.2023.0065> [data-based]
- dos Santos, M. R., Abbott, A. K., Ponto, J., Silva, L. T. P., Ferro, T. de A., Schweiss, C., Eggenberger, S., **Meiers, S.**, & Szylit, R. (2024). Reframing care while enduring the traumatic nature of witnessing disrupted family-patient-nurses' relationships during COVID-19. *Journal of Advanced Nursing (John Wiley & Sons, Inc.)*, 80(1), 186–199. <https://doi.org/10.1111/jan.15791>
- Abbott-Anderson, K., Rodrigues dos Santos, M., Schweiss, C., **Meiers, S.**, Eggenberger, S., Ponto, J., & Szylit, R. (2022). Living in COVID's disbeliefs, media, and fear: Nurses in Brazil and the United States share their experiences. *Creative Nursing*, 28(4), 213–220. <https://doi.org/10.1891/CN-2022-0037> [data-based]
- Tye, **Meiers, S. J.**, Olsen, G., Moore, M. J., Aleman, M. J., & Chawla, V. (2021). Supporting children and kinship caregivers in the context of substance use disorder: Perspectives of key professionals. *Journal of Family Issues*, 192513–. <https://doi.org/10.1177/0192513X211038067> [data based]
- Hanza, M. M., Reese, A. L., Abbenyi, A., Formea, C., Njeru, J. W., Nigon, J. A., **Meiers, S. J.**, Weis, J. A., Sussman, A. L., Boursaw, B., Wallerstein, N. B., Wieland, M. L., & Sia, I. G. (2021). Outcomes of a community-based participatory research partnership self-evaluation: The Rochester Healthy Community Partnership experience. *Progress in community health partnerships : research, education, and action*, 15(2), 161–175. <https://doi.org/10.1353/cpr.2021.0019>
- Chapman, L. B., Kopp, K. E., Petty, M. G., Hartwig, J., Pendleton, K. M., Langer, K., & **Meiers, S. J.** (2021). Benefits of collaborative patient care rounds in the intensive care unit. *Intensive & critical care nursing*, 63, 102974. <https://doi.org/10.1016/j.iccn.2020.102974> [data-based]
- Meiers, S. J.**, Dyce, E., Wieland, M. L., Patten, C., Clark, M. M., Hanza, M., Bronars, C., Nigon, J. A., & Sia, I. G. (2021). Lay health worker as interventionist training: Reflective writing in US family health promotion practice. *Health Promotion International*, daaa143. Advance online publication. <https://doi.org/10.1093/heapro/daaa143> [data-based]

- Meiers, S.**, Eggenberger, S., Krumwiede, N., & Deppa, B. (2020). Measuring family members' experiences of integrating chronic illness into family life: Preliminary validity and reliability of the Family Integration Experience Scale: Chronic Illness (FIES:CI). *Journal of Family Nursing*. <https://doi.org/10.1177/1074840720902129> [data-based]
- Biggs, B. K., Tolleson, E., Millerbernd, J., Bronars, C., **Meiers, S. J.**, Slowiak, K., Olson, M., Lebow, J., Ridgeway, J. L., Patten, C. A., Clark, M. M., Sia, I. G., & Wieland, M. L. (2020). Identifying opportunities to promote physical activity in a diverse low-income population: A mixed-method study at a Boys & Girls Club site. *Child & Youth Care Forum*, 49(2), 171–200. <https://doi.org/10.1007/s10566-019-09521-9> [data-based]
- Reese, A., Hanza, M., Abbenyi, A., Formea, C., **Meiers, S.**, Nigon, J., ... Wallerstein, N. (2019). The development of a collaborative self-evaluation process for community-based participatory research partnerships using the Community-Based Participatory Research Conceptual Model and Other Adaptable Tools. *Prog Community Health Partnership*, 13(3), 225–235. <https://doi.org/10.1353/cpr.2019.0050>
- Jones, C., Chesak, S., Forsyth, D., & **Meiers, S.J.** (2019). Missed nursing care as a quality indicator during transition to a Dedicated Education Unit model. *Nursing Education Perspectives*, 40(2), 105-106. doi: 10.1097/01.NEP.0000000000000364. [data-based]
- Meiers, S. J.**, Eggenberger, S., & Krumwiede, N. (2018). Development and implementation of a family-focused undergraduate nursing curriculum: Minnesota State University, Mankato. *Journal of Family Nursing*, 24(3), 307-344. <https://doi.org/10.1177/1074840718787274>
- Prochnow, J. A., **Meiers, S. J.**, Scheckel, M.M. (2019). Improving patient and caregiver new medication education using an innovative Teach-back Toolkit. *J Nursing Care Quality*, 34(2):101-106. doi: [10.1097/ncq.0000000000000342](https://doi.org/10.1097/ncq.0000000000000342) [data-based]
- Niesen, C. R., Kraft, S.J., **Meiers, S. J.** (2018). Use of motivational interviewing by nurse leaders Coaching for performance, professional development, and career goal setting. *Health Care Manager*, 37(2), 183-192. doi: 10.1097/HCM.0000000000000209. [data-based]
- Niesen, C. R., Olson, D. M., Nowdesha, K. D., Tynsky, D. A., Loftus, C. G., & **Meiers, S. J.** (2018). Enhancing self-management for adults with functional abdominal pain: A registered nurse-led cognitive-behavioral therapy approach. *Gastroenterology Nursing : The Official Journal of the Society of Gastroenterology Nurses and Associates*, 41(4), 321–332. <https://doi.org/10.1097/SGA.0000000000000322> [data-based].
- Wieland, M. L., Hanza, M., Weis, J. A., **Meiers, S. J.**, Patten, C. A., Clark, M. M., Sloan, J. A., Novotny, P. J., Njeru, J. W., Abbenyi, A., Levine, J. A., Goodson, M., Capetillo, G., Osman, A., Hared, A., Nigon, J. A., & Sia, I. G. (2018). Healthy immigrant families: Randomized controlled trial of a family-based nutrition and physical activity intervention. *American journal of health promotion : AJHP*, 32(2), 473–484. <https://doi.org/10.1177/0890117117733342> [data-based]

- Cook, C., Dahms, S., & **Meiers, S.J.** (2017). Enhancing care for infants with neonatal abstinence syndrome: An evidence-based practice approach in a rural midwestern region. *Worldviews on Evidence-Based Nursing, 14*(5), 422-423. doi:10.1111/wvn.12217 [data-based]
- Morrison, E. J., Clark, M. M., Wieland, M. L., Weis, J. A., Hanza, M., **Meiers, S. J.**, Patten, C. A., Sloan, J. A., Novotny, P. J., Sim, L. A., Nigon, J. A., & Sia, I. G. (2017). Relationship between negative mood and health behaviors in an immigrant and refugee population. *Journal of Immigrant and Minority Health, 19*(3), 655–664. <https://doi.org/10.1007/s10903-016-0506-z> [data-based]
- Bronars, C. A., Hanza, M. M., **Meiers, S. J.**, Patten, C. A., Clark, M. M., Nigon, J. A., . . . Sia, I. G. (2016). Treatment fidelity among family health promoters delivering a physical activity and nutrition intervention to immigrant and refugee families. *Health Education and Behavior, doi:10.1177/1090198116650668* [data-based]
- Wieland, M.L., Weis, J.A., Hanza, M.M., **Meiers, S.J.**, Patten, C.A., Clark, M.M., Sloan, J.A., Novotny, P.J., Njeru, J.W., Abbenyi, A., Levine, J.A., Goodson, M., Porraz Capetillo, M.G., Osman, A., Hared, A., Nigon, J.A., Sia, I.G. (2015). Healthy immigrant families: Participatory development and baseline characteristics of a community-based physical activity and nutrition intervention. *Contemporary Clinical Trials, 4*(47), 22-31. doi: 10.1016/j.cct.2015.12.004. [Epub ahead of print] [data-based]
- Tiedje, K., Wieland, M.L, **Meiers, S.J.**, , Mohamed, A.A, Formea, C.M., Ridgeway J.L., Asiedu, G.B., Boyum, G., Weis, J.A., Nigon, J.A., Patten, C.A., Sia, I.G. (2014). A focus group study of healthy eating knowledge, practices, and barriers among adult and adolescent immigrants and refugees in the United States. *International Journal of Behavioral Nutrition and Physical Activity 11:63*
<http://www.ijbnpa.org/content/11/1/63> doi: 10.1186/1479-5868-11-63 [data-based]
- Wieland, M.L., Tiedje, K., **Meiers, S.J.**, Mohamed, A.A., Formea, C.M., Ridgeway, J.L., Asiedu, G.B., Weis, J.A., Nigon, J.A., Patten, C.A., Sia, I.G. (2013) . Perspectives on physical activity among immigrants and refugees to a small urban community in Minnesota. *Immigrant Minority Health*.
<http://www.springer.com/alert/urltracking.do?id=L375ed74Md31991Sacfab49> doi: 10.1007/s10903-013-9917-2 [data-based]
- Archer, S.J., Barna, A.E. Holper, R.M., Forsyth, D.M., Ellenbecker, S.M., Smith, L.K., Jane E. Clobes, J.E., **Meiers, S.J.**, Malone, C. & Lapid, M.I. (2014). Associations among fluid intake, cognitive function. *Perspectives in Psychiatric Care*.
<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/ppc.12065/> doi: 10.1111/ppv.12065 [data- based]
- Pestka, E., **Meiers, S.**, L Shah, L., Junglen, L., & Delgado, A. (2013). Nurses' attitudes, abilities and educational preference related to using family pedigrees in clinical practice. *International Journal of Nursing Practice, 19*(5), 498-506. doi:10.1111/ijn.12091[data-based]
- Pestka, E. L., **Meiers, S. J.**, Shah, L. L., Junglen, L. M., & Delgado, A. (2012). Nurses' perceived benefits, barriers, and educational recommendations for using family pedigrees in clinical practice. *Journal of Continuing Education in Nursing, 43*(11), 509-517.

- Revier, S., **Meiers, S.J.**, & Herth, K. (2012). The lived experience of hope for family caregivers caring for a terminally ill loved one. *International Journal of Palliative Nursing*, 14, 6. [data-based]
- Vorbeck, E., Willette-Murphy, K., **Meiers, S.**, Rudel, R., & Alakhras, M. (2010). A descriptive study to assess the impact of surgical stomas on individuals' sleep perceptions & response to sleep hygiene. *Ostomy/wound management*, 56(1), 36–44. [data-based]
- Eggenberger, S.K., **Meiers, S.J.**, Krumwiede, N., Bliesmer, M., & Earle, P. (2011). Reintegration in families in the context of chronic illness: A family health promotion model, *Journal of Nursing and Healthcare of Chronic Illness*, 3, 283-292. doi: 10.1111/j.1752-9824.2011.01101.x [data-based]
- Meiers, S. J.**, & Brauer, D. J. (2008). Existential caring in the family health experience: a proposed conceptualization. *Scandinavian Journal of Caring Sciences*, 22(1), 110–117. <https://doi.org/10.1111/j.1471-6712.2007.00586.x>
- Meiers, S. J.**, Tomlinson, P., & Peden-McAlpine, C. (2007). Development of the Family Nurse Caring Belief Scale (FNCBS). *Journal of Family Nursing*, 13(4), 484–502. <https://doi.org/10.1177/1074840707310734> [data-based]
- Peden-McAlpine, C., Tomlinson, P. S., Forneris, S. G., Genck, G., & **Meiers, S. J.** (2005). Evaluation of a reflective practice intervention to enhance family care. *Journal of Advanced Nursing*, 49(5), 494–501. <https://doi.org/10.1111/j.1365-2648.2004.03322.x> [data-based]
- Eggenberger, S. K., Krumwiede, N.K., **Meiers, S. J.**, Bliesmer, M., Earle, P., & Murray, S. (2004). Giving voice to family caring in cancer: Integrating visual art and research findings. *International Journal for Human Caring*, 8(3), 59-65. <https://doi/10.20467/1091-5710.8.3.60> [data-based]
- Eggenberger, S. K., Krumwiede, N., Meiers, S. J., Bliesmer, M., & Earle, P. (2004). Family caring strategies in neutropenia. *Clinical journal of oncology nursing*, 8(6), 617–621. <https://doi.org/10.1188/04.CJON.617-621> [data-based]
- Krumwiede, N. K., **Meiers, S. J.**, Eggenberger, S., Murray, S., Bliesmer, M., Earle, P., Andros, D., Harman, G., & Rydholm, K. (2004). Turbulent waiting: rural families experiencing chemotherapy-induced neutropenia. *Oncology nursing forum*, 31(6), . <https://doi.org/10.1188/04.ONF.1145-1152> [data-based]
- Meiers, S. J.**, & Tomlinson, P. S. (2003). Family-nurse co-construction of meaning: A central phenomenon of family caring. *Scandinavian Journal of Caring Sciences*, 17(2), 193–201. <https://doi.org/10.1046/j.1471-6712.2003.00221.x> [data-based]
- Fitzgerald, M., Milberger, P., Tomlinson, P. S., Peden-Mcalpine, C., **Meiers, S. J.**, & Sherman, S. (2003). Clinical nurse specialist participation on a collaborative research project. Barriers and benefits. *Clinical nurse specialist CNS*, 17(1), 44–49. <https://doi.org/10.1097/00002800-200301000-00020>

Meiers, S. J. (2002). *Family-nurse co-construction of meaning: Caring in the family health experience*. [Ph.D., University of Minnesota] In Family-nurse Co-construction of Meaning: Caring in the Family Health Experience (p. 134 .p) [data-based]

Books

Select Chapters in Books

Meiers, S.J., Krumwiede, N.K., Denham, S., & Bell, S. (2016). Family assessment. In S. Denham, S.K. Eggenberger, N.K. Krumwiede, & Young, P. (Ed.), *Family-focused nursing care*. Philadelphia: F. A. Davis.

Meiers, S.J. (2016). Using family theory to guide nursing practice. In S. Denham, S.K. Eggenberger, N.K. Krumwiede, & Young, P. (Ed.), *Family-focused nursing care*. Philadelphia: F. A. Davis.

Meiers, S., Eggenberger, S., Krumwiede, N., Bliesmer, M., & Earle, P. (2009). Enduring acts of balance: Rural families creating health In H. Lee (Ed.), *Conceptual Basis for Rural Nursing* (3nd ed). New York, NY: Springer Publications.

Meiers, S., Eggenberger, S., Krumwiede, N., Bliesmer, M., & Earle, P. (2005). Enduring acts of balance: Rural families creating health. In H. Lee (Ed.), *Conceptual Basis for Rural Nursing* (2nd ed). New York, NY: Springer Publications.

POLICY ADVOCACY

2014 SF 511 (5-14-2014) creates a separate license for advanced practice registered nurses (APRN) and permits licensed advanced practice nurses to practice independently without a collaborative agreement. (Senate Health and Human Services Committee Lobbying)

2005 H1385A23 (5-12-2005) Higher Education Bill “the state universities shall offer undergraduate and graduate instruction through the master’s degree, including specialist certificates, in the liberal arts and sciences and professional education, and may offer applied doctoral degrees in the areas of education, psychology, physical therapy, audiology, and nursing” (House Higher Education Committee Testimony)

SELECT PAPERS PRESENTED (* denotes presenter) (Peer-Reviewed)

International:

Abbott-Anderson, K. A.*, dos Santos, M.R., Eggenberger, S.K., Szylit, R. Schweiss, C., Ponto, J. & **Meiers, S. J.** (2023, June). *Bearing witness at the end of life: Nurses in Brazil and the United States describe their experiences providing care to patients and families*. 16th International Family Nursing Conference: Global Innovations in Family Nursing: Advancing Family Health. Dublin City University, Glasnevin Campus, Dublin, Ireland. June 20 – 23, 2023.

dos Santos, M. R.*, Abbott-Anderson, K. A., Ponto, J. A., Silva I, L. T. P. S., Ferro1, T. A., Schweiss, C. M., Eggenberger, S. K., **Meiers, S. J.**, & Szylit, R. (2023, June). *Nurses lived experience of caring for families in Brazil and the United States during COVID-19*. 16th International Family Nursing Conference: Global Innovations in Family Nursing: Advancing Family Health. Dublin City University, Glasnevin Campus, Dublin, Ireland. June 20 – 23, 2023.

Tye, J.* , **Meiers, S. J.**, Olsen, G. & Connelly, R. (2023, June). *Social processes of kinship caregivers in families impacted by substance use disorders*. 16th International Family Nursing Conference: Global Innovations in Family Nursing: Advancing Family Health. Dublin City University, Glasnevin Campus, Dublin, Ireland. June 20 – 23, 2023.

Meiers, S. J.*, Eggenberger, S.K., Knafel, K., Lassetter, J. H., & Swallow, V. (2021, June/July). *Nurses transforming health for families worldwide: A process for setting the course*. Paper presented at the 15th International Family Nursing Conference (Virtual), Family Nursing Throughout the Life Course. June 28 – July 2, 2021.

Ponto, J. A.* , Santos, M., Abbott-Anderson, K. Szyllit, R., Eggenberger, S. K., **Meiers, S. J.**, Schweiss, C. (2021, June/July). Living with nurse-family vulnerability within the threats of COVID-19 in Brazil and the United States. Paper presented at the 15th International Family Nursing Conference (Virtual), Family Nursing Throughout the Life Course

Meiers, S.J.*, Danford, C. A., Smith, L., Ostergaard, B., Honda, J., Hoehn Anderson, K., Moriarty, H., Swallow, V., & Feetham, S. (2019, August). *Process of collaboration among members of the International Family Nursing Association Research Collaboration Subcommittee*. Paper presented at the 14th International Family Nursing Conference, Social Determinants of Family Health. Washington, D.C.

Tye, J.* , **Meiers, S. J.**, Olsen, G., Moore, M., Chawla, V., Hoffman, P. & Aleman, M. (2019, August). *Supporting families in the context of substance abuse: Perceptions of key informants*. Paper presented at the 14th International Family Nursing Conference, Social Determinants of Family Health. Washington, D.C.

Meiers, S. J.*, Eggenberger, S.K., & Krumwiede, N. (2017, June). *Development of the Family Caring Conversation Protocol in the Context of Chronic Illness*. Paper presented at the 13th International Family Nursing Conference, The Art and Science of Family Nursing: Transforming Health for Families. Pamplona, Spain.

Meiers, S. J.*, Smith, L., Østergaard, B., Brødsgaard, A., Danford, C., Anderson, K. H., Edds-McAfee, C., Moriarty, H., Swallow, V., Honda, J., Feetham, S., Konradsen, H., & Feeley, C. (2017, June). *Defining family nursing: An international perspective*. Paper presented at the 13th International Family Nursing Conference, The Art and Science of Family Nursing: Transforming Health for Families. Pamplona, Spain.

Meiers, S. J.*, Eggenberger, S.K., & Krumwiede, N. (2015, August). *Measuring family processes of reintegration in chronic illness: The Family Caring and Relating Scale: Chronic Illness (FCARES:CI)*. Paper presented at the meeting of the 12th International Family Nursing Conference, Improving Family Health Globally through Research, Education, and Practice. Odense, Denmark.

Meiers, S. J.* (2015, August). *Family-focused motivational interviewing for family health behavior change: Supporting health promotion in at risk families*. Special session Innovative Family Research Methods at the meeting of the 12th International Family Nursing Conference, Improving Family Health Globally through Research, Education, and Practice. Odense, Denmark.

Meiers, S. J.*, Danford, C.,* & Østergaard, B. * & Honda, J.* (2015, August). *Strengthening support for families worldwide: Potential directions for an international collaboration in family nursing research*. Paper presented at the meeting of the 12th International Family Nursing Conference, Improving Family Health Globally through Research, Education, and Practice. Odense, Denmark.

Meiers, S.J.*, Eggenberger, S.K. Bliesmer. M., Earle, P., & Krumwiede, N.K., (2010, June) Eggenberger, S.K. *An emerging model for family caring: Testing of the Family Reintegration in Chronic Illness (FRCI) Model*. International Association of Human Caring: Nursing care models. Rochester, MN.

National:

Meiers, S. J.*, Olsen, G., Tye, J., Connelly, R., Mades, H., & Bergen, S. (2024, March). *Factors associated with family functioning in families struggling with substance use disorders (SUDs) as perceived by kinship caregivers (KC) of children: A mixed methods study*. Midwest Nursing Research Society Conference: Nursing Research in the Future: Exploring the Driving Forces. Minneapolis, MN. (Distinguished Abstract Award)

Meiers, S.J.*, Danford, C. A., Smith, L., Ostergaard, B., Honda, J., Hoehn Anderson, K., Moriarty, H., Swallow, V., & Feetham, S. (2019, April). *Defining family nursing to determine global family nursing research priorities*. Midwest Nursing Research Society Conference. Nursing at the Forefront of Healthcare crises. Kansas City, MO.

Meiers, S.J.*, Dyce, E., Wieland, M., Patten, C. Hanza, M., Nigon, J., DeBenzo, I., Molina, L., Ahmed, Y.*, Lam, N., & Sia, I. (2017, April). *Encouraging family health behavior change with immigrant and refugee families: Experiences of community-based lay interventionists*. Midwest Nursing Research Society Conference. Harnessing big data and nursing science to improve health. Minneapolis, MN.

Meiers, S.J.*, Isaacson, E. Goodew, R., Miller, J., Kronebusch, B., Eastwick, E., Cavanaugh, K., Peterson, L., Goetzke, E., Parks, K., & Eggenberger, S. (2015, April). *Measuring the family experience of chronic illness: Development of the Family Caring and Relating Experiences Scale: Chronic Illness (FCARES: CI)*. Midwest Nursing Research Society Conference: Innovations for person-centered care. Indianapolis, IN.

Ponto, J.* , Forsyth, D. M.* & **Meiers, S. J.*** (2014, October). *Changes in graduate nursing education and certification: Are you ready?* 41st Annual National Conference on Professional Nursing Education and Development and Development (PNEG). Rochester, MN.

Meiers, S. J.* (2015, April). *Struggling with family concepts: A research team partnership method for clarifying and validating that works*. Midwest Nursing Research Society Conference: Innovations for Person-Centered Care. Indianapolis, IN.

Eggenberger, S. K.* , **Meiers, S. J.**, Krumwiede, N. (2012, April). *Testing the Family Integration in Chronic Illness Model: Providing direction for nursing practice with families managing a chronic illness*. Midwest Nursing Research Society Conference: Innovative Transition Care Models, Dearborn, MI.

Meiers, S. J.*, Eggenberger, S. K., & Krumwiede, N. (2012, April). *Development and testing of the Family Illness Experience Visual Analogue Scale (FIEVAS) to measure family member*

experiences with chronic illness: Initial validity and reliability. Midwest Nursing Research Society Conference: Innovative Transition Care Models, Dearborn, MI.

Meiers, S.J.*, Ballweg, D., Cambern, K., Mundy, L., & Tucker, S. (2010, April). *Struggling to understand the hurdle of pain while trying to protect the child.* Midwest Nursing Research Society Conference: Bench to Bedside. Kansas City, MO.

Regional:

Meiers, S. J., Loth, A., & Ponto, J. A. (2019, October). *Focus on families and caregivers in the AGCNS Competencies: An advanced practice nursing competency crosswalk.* Minnesota Chapter of the National Association of Clinical Nurse Specialists. Roseville, MN.

Pestka, E.*, **Meiers, S.**, Unger, L., Junglen, L., & Delgado, A. (2012, May). *Evaluation of nurses' perceived benefits, barriers, abilities, and educational preferences for using family pedigrees in clinical practice.* 21st Annual Nursing Research Conference sponsored by Mayo Continuing Nursing Education, Mayo Clinic, Rochester, MN.

SELECTED FUNDED RESEARCH

1. **Title of the Project:** Supporting Children and Caregivers Affected by Substance Abuse
Role: Co-Investigator
Dates of Project: 2018 – Present
Amount of Funding: \$5,000
Source of Funding: Special Project Funding (\$5,000), Winona State University Foundation
Co-Investigators: G. Olsen, M. Moore, J. Tye, V. Chawla, P. Hoffman, & M. Aleman

2. **Title of the Project:** Fidelity and Feasibility Pilot Testing Using the Family Caring Conversation in the Context of Chronic Illness
Role: Co-Principal Investigator
Dates of Project: 2017 – 2018
Amount of Funding: Self-funded
Co-Investigators: S.K. Eggenberger, N.K. Krumwiede

3. **Title of the Project:** Development of a Psychiatric Mental Health Advanced Practice Registered Nurse Graduate Certificate Program
Role: Principal Investigator, Project Director
Dates of Project: 2016-2017
Amount of Funding: \$75,000
Source of Funding: HealthForce Minnesota
Co- Investigators: D. Forsyth, Graduate Faculty

4. **Title of the Project:** Development of a User Manual for the Family Caring and Relating Experiences Scale: Chronic Illness (FCARES: CI) Winona State University, Winona, MN.
Role: Principal Investigator, Data Analysis,
Dates of Project: 2015-2018
Amount of Funding: \$2,000
Source of Funding: Winona State University Foundation Special Project Award
Co- Investigators: S. Eggenberger, N.K. Krumwiede

5. **Title of the Project:** Exploring Family Caregiving Strategies, Family Relationships and Family Growth in the Context of Chronic Illness. Winona State University, Winona, MN.
Role: Principal Investigator, Data Analysis, Thesis Mentor
Dates of Project: 2013-2014
Amount of Funding:
Source of Funding: Self-funded
Co- Investigators: Cavanaugh, K.J., Eastwick, E.S., Kronebusch, B.J.

6. **Title of the Project:** **Club Fit** Preventing Childhood Obesity through Moving More and Eating Well at the Boys & Girls Club of Rochester, MN
Role: Co-Investigator, Data Collection, Data Analysis, Chair of Social Marketing Workgroup
Dates of Project: January 2014 - Present
Amount of Funding: Internal Mayo Funding
Source of Funding:
Co-Principal Investigators: Mark Wieland, MD, MPH and Bridget Biggs, PhD, Mayo Clinic and Jodi Millerbernd, Executive Director, Boys and Girls Club of Rochester, Rochester, MN

7. **Title of the Project:** The Presence of Pondering, Struggling, and Burden Among

Family Members with Chronic Illness. Winona State University, Winona, MN.

Role: Principal Investigator, Data Analysis, Thesis Mentor

Dates of Project: 2012-2013

Amount of Funding:

Source of Funding: Self-funded

Co-Investigators: Goodew, R. A., Isaacson, E. A. C., Miller, J. A

8. **Title of the Project:** Let's Talk-Learning Together to Improve Health: A Community-Based Health Literacy Project.

Role: Co-Principal Investigator

Dates of Project: November 1, 2011 – October 31, 2012

Amount of Funding: \$3,000

Source of Funding: Winona State University Foundation Special Project Award

Co-Principal Investigator: Carole Jenson

9. **Title of the Project:** Healthy Immigrant Families: Working Together to Move More and Eat Well.

Role: Co-Investigator

Responsibilities: Scientific Development, Research Methods, Data Analysis, Intervention Development, Writing for Publication.

Dates of Project: Funding July 1, 2011-July 1, 2016 (Ranked at 5th Percentile on June 9, 2011 by Review Panel)

Amount of Funding: \$1.7 million

Source of Funding: National Institutes of Health

Co-Investigators: Drs. Irene Sia, Mark Wieldand, Graciella Porraz, Christy Patton and James Levine; Jenny Weiss, Christine Formea, (Mayo Clinic), Julie Nigon (Hawthorne Education Center). Community Partners of the Rochester Healthy Community Partnership

10. **Title of Project:** Evaluation of Nurses' Perceived Benefits, Barriers, Abilities and Educational Preferences for Using Family Pedigrees in Clinical Practice.

Responsibilities: Scientific Development, Research Methods, Focus Group Data Collection, Data Analysis, Writing for Publication.

Dates of Project: to June 30, 2011

Amount of Funding: \$19,300

Source of Funding: Eisenberg Genomics Education Program (Mayo Clinic)

Co-Investigators: Elizabeth Pestka, Laura Junglen, and Lisa Ungerer (Mayo Clinic)

11. **Title of the Project:** Family Processes When Living with A Chronic Illness: Advancing Family Nursing Knowledge

Role: Co-Principal Investigator

Responsibilities: Scientific Development, Study Coordinator, Data Analysis, Writing for Publication

Dates of Project: September 2008 – Present

Amount of Funding: \$6,905

Source of Funding: Minnesota State University, Mankato, College of Allied Health and Nursing

Co-Investigators: S. Eggenberger, M. Bliesmer, N. Krumwiede, P. Earle

12. **Title of the Project:** Parent Appraisal of Child Pain: An International Grounded Theory Study

Role: Co-Principal Investigator

Responsibilities: Scientific Development, Data Analysis Consultation, Data Collection, Data Analysis, Dissemination

Dates of Funding: June – October, 2008 & October 2008 – 2013

Amount of Funding: \$ 4,885 (Mayo); \$ 9,710 (Kid's Cup)

Source of Funding: Mayo Nursing Research and Evaluation Committee; Kid's Cup Foundation, Rochester, MN

Co-Investigators: Diane Ballweg, MSN, RN,C, CNS, Co-Principal Investigator; Kari Cambern, BSN, RN, Co-Investigator; Lisa Mundy, MS, RN, CNS, Co-Investigator; Sharon Tucker, PhD, RN, Co-Investigator; Letitia Fath, MSN, RN (Former Co-Investigator); Ospedale Pediatrico Bambino Gesù, Rome, Italy, Research Team

- 13. Title of the Project:** Revision and Pilot Testing of the Role Modeling Intervention (RMI) to Enhance Family-Sensitive Care and Decrease Boundary Ambiguity in Adult Intensive Care.

Role: Co- Principal Investigator

Responsibilities: Scientific Development, Data Collection, Data Analysis, Presentation

Dates of funding: June 2002-August 2004

Amount of Funding: \$3,849.50

Source of Funding: Minnesota State University, Mankato; Faculty Research Grant, Faculty Research Incentive

Co-Investigators: P. Short Tomlinson and C. Mortenson-Klimpel, 2003 – 2004.

- 14. Title of the Project:** Development and testing of the Family Nurse Caring Belief Scale in Pediatric and Neonatal Intensive Care: A Nationwide Survey.

Role: Co-Principal Investigator

Responsibilities: Data Entry, Data Analysis, Manuscript preparation, Method Design

Dates of Funding: Sept 2002- May 2003

Amount of Funding: \$1,000

Source of Funding: Zeta Chapter, Sigma Theta Tau International, Faculty Research Incentive

Co-Investigators: P. Short Tomlinson, C. Peden-McAlpine

- 15. Title of the Project:** The Family Experience of Chemotherapy-Induced Neutropenia: A Study Using Grounded Theory Methodology.

Role: Co-Researcher

Responsibilities: Scientific Development, Data Management, Data Analysis

Dates of Funding: 2001-2003

Amount of Funding: \$99,651

Source of Funding: Oncology Nursing Society Research Foundation through an unrestricted grant from Amgen Pharmaceuticals.

Co-Investigators: S. Eggenberger, M. Bliesmer, N. Krumwiede, P. Earle

SELECTED PAPERS PRESENTED

Invited; Non-Competitive

International:

Meiers, S. J. (Pre-Conference Convener), Szylit, R., dos Santos, M. R., Ho, K., Eggenberger, S. K., Naef, R., Abbott-Anderson, K. A., Thaqi, Q., Chung, P., & Brysiewicz, P. (2023, June 20). *Innovations in collaborative family research methods: Exploring meaningful family and family-nurse interactions to inform nursing actions*. 16th International Family Nursing Conference: Global Innovations in Family Nursing: Advancing Family Health. Dublin City University, Glasnevin Campus, Dublin, Ireland.

Meiers, S.J., (Keynote Speaker). (2023, May 5). *What does a nurse researcher do? Answering the question through family nursing science*. Kaleidoscope Day of Nursing Scholarship, College of Nursing and Health Sciences and Delta Phi Chapter, Sigma. Eau Claire, WI.

Meiers, S. J.* (2019, October). *Nurses transforming health for families worldwide*. Closing Keynote. Society of Portuguese Family Health Nursing Conference, Escola Superior de Enfamagem de Lisboa, Lisbon, Portugal.

Meiers, S. J.* (2019, October). *Future of family nursing. Panel presentation with colleagues from Spain and Portugal*. Society of Portuguese Family Health Nursing Conference, Escola Superior de Enfamagem de Lisboa, Lisbon, Portugal.

National:

Meiers, S.J.* (2017, January). *Integrating clinical prevention and population health methods within the DNP curriculum: The Winona State University Experience*. AACN Doctoral Education Conference, Coronado, CA. (Centers of Disease Control and Prevention/American Association of Colleges of Nursing Innovations in Graduate Population Health Curriculum Award Presentation)

WEBINAR

Meiers, S. J.* & Eggenberger, S. E. (Producers) for the International Family Nursing Association (2018). *State of the science of family interviewing: A collective family perspective* [Video webinar]. <https://internationalfamilynursing.org/2017/08/02/webinar-state-of-the-science-of-family-interviewing-a-collective-family-perspect>

POSTERS PRESENTED (* denotes presenter)

Competitive:

Jansen, D.A.* , **Meiers, S.J.**, Dieckman, K.A., Lagunas, M., Merkel, R., Olsen, J.M., Sargent, L.L., Schiller, L. F., Sumbulla, H., & Wildenberg, C. (2024, March 29 – April 2). *Strategies to enhance patient and family experiences of compassionate care*. Midwest Nursing Research Society Conference, Minneapolis, MN.

Meiers, S.J.*, Schiller, L.F., Dieckman, K., Jansen, D., Lagunas, M., Merkel, R., Olsen, J., Sargent, L., Sumbulla, H., & Wildenberg, C. (2024, January 18). *Engaging novice and pivoting researchers in scoping review methodology: Structure, technology, and processes*. American Association of Colleges of Nursing Research Leadership Network Pre-Conference, Naples, FL.

Abbott-Anderson, K.* , Sandra,E. , Heitschmidt, M., **Meiers, S.**, Morman, A., de Goumoëns, V., Thirsk, L., Brysiewicz, P., Kiszio, K., McAndrew, N. & Richardson, S. (2024, March 29 – April 2). *Nursing practices and strategies to support acute care patients and families during COVID-19: A scoping review*. Midwest Nursing Research Society Conference, Minneapolis, MN.

Meiers, S.J.*, Tye, J.T., Olsen, G., & Connelly, R. (2023, March 29 – April 2). *Strategies for accessing social processes of kinship caregivers and child children in the context of substance use disorder (SUD)*. [Poster Session]. Midwest Nursing Research Society Annual Conference, Des Moines, Iowa, USA. <https://tinyurl.com/mrpbk2da>

Meiers, S.J., de Goumoëns, V., Thirsk, L., Brysiewicz, P., Eggenberger, S.K., Kiszio, B., McAndrew, N., Richardson, S., **Abbott-Anderson, K.A.**, Heitschmidt, M. G., & **Morman, A.** (2023, June 20 – 23). *Scoping review of nursing practices and strategies to support patients and families in acute care settings during the COVID-19 pandemic. [Poster Session]*. 16th International Family Nursing Conference: Global Innovations in Family Nursing: Advancing Family Health. Dublin City University, Glasnevin Campus, Dublin, Ireland.

Morman, A.* & Meiers, S.J. (2023, April 13 – 15). *The process of conducting a scoping review in the discipline of nursing among and international team: An observational research experience. [Poster Session]*. National Council on Undergraduate Research-2023, University of Wisconsin-Eau Claire, Eau Claire, WI.

Meiers, S. J., Krumwiede, N.K., Eggenberger, S. K., & Bliesmer, M. (2020, April 1 – 4). *Family caring conversation intervention in chronic illness: Preliminary implementation testing. [Poster presentation]*. Midwest Nursing Research Society Virtual Annual Conference.

Meiers, S. J., Loth, A. & Ponto, J. A. (2020, March 10 – 13). *Transforming care for family caregivers: A competencies crosswalk with an international family nursing position statement*. National Association of Clinical Nurse Specialists Annual Conference: Transforming Health Care: Our Past, Our Present, & Our Future!, Indianapolis, IN, USA.

Gander, K., Bostyan, A., Mansfield, B., **Meiers, S.J.**, Paddock, S.& Hooks, T. (2019, August). *Implementation of a caregiving skills session intervention in bone marrow transplant: Focus on enhancing patient and family caregiver problem solving*. 14th International Family Nursing Conference: Social Determinants of Family Health: Expanding Family Nursing Capacity. Washington, D.C.

Meiers, S. J.* & Ponto, J.P. (2018, January). *Proposing benchmarks for rigor in the DNP Project: Lessons from literature and practice*. AACN Doctoral Education Conference, Naples, FL.

Meiers, S. J., Eggenberger, S.J., & Krumwiede, N. K. (2016, March). *Testing and scoring to the Family Illness Experience Scale: Chronic Illness (FIES.CI)*. Midwest Nursing Research Society Conference: 40 Years of Advancing Nursing Science, Improving Practice and Enhancing Health. Milwaukee, WI.

Prochnow, J.*, **Meiers, S.J.**, & Scheckel, M. (2018, March). *Patient and caregiver new medication education using the Teach-Back method*. Midwest Nursing Research Society Conference: 40 Years of Advancing Nursing Science, Improving Practice and Enhancing Health. Milwaukee, WI.

Cook, C.*, Dahms, S.*, **Meiers, S. J.**, & Korynta, V. (2016, March) . *Implementation of a neonatal abstinence syndrome clinical practice guideline: An evidence-based practice approach*. Midwest Nursing Research Society Conference: 40 Years of Advancing Nursing Science, Improving Practice and Enhancing Health. Milwaukee, WI.

Niesen, C.R.*, Olson, D.M.*, Nowdesha, K.D., Tynsky, D.A., Loftus, C.G., **Meiers, S.J.** (2016, May). *Enhancing self-management for adults with functional abdominal pain: A registered nurse-led cognitive behavioral therapy approach*. American Association of Ambulatory Care Nurses Conference, Palm Springs, CA.

- Meiers, S. J.***, Eggenberger, S.K., & Krumwiede, N.K. (2016, March). *Testing and scoring of the Family Caring and Relating Scale: Chronic Illness (FCARES: CI)*. Midwest Nursing Research Society Conference: Inspiring Excellence, Exceeding Expectations.
- Biggs, B.K.* , Wieland, M., Hamernik, E., Sia, I., Millerbernd, J., Slowiak, K., Bronars, C., Hanza, M., **Meiers, S.**, Ridgeway, J., Lindberg, M., Brockman, T., Weis, J., Patten, C., Clark, M. (2016, April). *Translating evidence-based obesity prevention into an afterschool program with a community-based participatory research (CBPR) approach*. Society for Pediatric Psychology Annual Conference. Atlanta, Georgia.
- Hanza, M.M.* , Wieland, M., Weis, J., **Meiers, S.**, Patten, C., Clark, M, Sloan, J., Novotny, P., Njeru, J., Abbenyi, A., Levine, J., Goodson, M. Porraz-Capetillo G., Osman, A., Hared A., Nigon J. Sia. (2015, December). *Healthy immigrant families: Utilizing a CBPR approach to develop, implement and evaluate a community-based physical activity and nutrition intervention for immigrants and refugees*. 8th Annual Science of Dissemination and Implementation in Health Conference, Washington, D.C.
- Goodew, R., Isaacson, E., Miller, J., & **Meiers, S.J.** (2013, March). *Investigating the presence of family burden, family pondering, and family struggling in a sample of families managing chronic illness: A measure validation study*. Midwest Nursing Society.
- Meiers, S.J.***, Eggenberger, S.K., Bliesmer, M., Earle, P., Krumwiede, N.K. (2010, June). *An emerging model for family caring: Family Re-integration in Chronic Illness (FRCI)*. International Association of Human Caring: Nursing care models. Rochester, MN.
- Eggenberger, S.* & **Meiers, S.** (2009, June). *International panel of nursing leaders creates directions for family nursing endowment*. 9th International Family Nursing Conference: From insights to intervention, Reykjavik, Iceland.
- Meiers, S.***, Ballweg, D., Cambern, K. , Mundy, L. & Tucker, S. (2009, March). *Parent appraisal of child pain: An international grounded theory study*. Midwest Nursing Research Society Conference: Nursing Research, Promoting Social Justice and Human Rights, Minneapolis, MN
- Goblirsch, S.* & **Meiers, S.** (2006, March). *Critical care nurses' and families' perception of the family-nurse interaction*. Midwest Nursing Research Society Conference, Milwaukee, WI.
- Meiers, S.***, Bell, S. E.* & Gaspar, T. (2006, January). *The Minnesota process for a partnership doctorate in nursing practice*. The American Association of Colleges of Nursing Doctoral Education Conference, San Diego, CA.
- Krumwiede, N.* , Bliesmer, M., **Meiers, S.**, Eggenberger, S. & Earle, P. (2004, March). *Turbulent waiting: Rural families experiencing chemotherapy-induced neutropenia*. The Oncology Nursing Society 29th Annual Congress, Anaheim, CA.
- Mostaghimi, E., Krumwiede, N.* , Bliesmer, M., Earle, S., Eggenberger, S., **Meiers, S.**, & Murray, S. (2003, November). *Understanding the family experience of neutropenia: Hope. Building diverse relationships*. 37th Biennial Convention, Sigma Theta Tau Honor Society of Nursing, Toronto, CA.

Krumwiede, N.*, Bliesmer, M., **Meiers, S.**, Eggenberger, S. & Earle, P. (2004). *Understanding the family experience of neutropenia: Artistic expression of research findings*. The Oncology Nursing Society 29th Annual Congress, Anaheim, CA.

Meiers, S.*, Tomlinson, P.S., & Peden-McAlpine, C. J. (2000, April). *Development and testing of the Family Caring Scale (FCS) in Pediatric Critical Care*. Midwest Nursing Research Society Annual Conference, Dearborn, MI.

Meiers, S. * (1996). *Nurturance as applied caring*. Patterns of Caring: Universal Connections 18th Annual International Association for Human Caring Research Conference, Mayo Medical Center, Rochester, MN.

SELECTED HONORS/AWARDS

Honor a Family Nurse, International Family Nursing Association (2019)

Honor a Family Nurse, International Family Nursing Association (2017)

Centers of Disease Control and Prevention/American Association of Colleges of Nursing (AACN) Innovations in Graduate Population Health Curriculum Award, Washington, DC (October 29, 2016) (\$500).

Faculty Improvement Grant (2015). Travel to Odense, Denmark for dissemination of research findings, presentation of Special Session as invited speaker, and attendance at the International Family Nursing Research Conference in Odense, Denmark (August 18 – 21) (\$2,000)

Winona State University awardee for the Minnesota Campus Compact and President's Civic Engagement Steward Award (2014-2015). Department of Nursing, Winona State University-Rochester.

Research Collaborator Appointment, (2011 – 2013; 2014 – 2019). Collaborator and Winona State University coordinator for community based participatory research projects within Rochester Healthy Community Partnership, Irene G. Sia, MD, MPH (Mentor) (non-salaried). Division of Infectious Disease Medicine, Mayo Clinic, Rochester, MN.

Faculty Improvement Grant (2010). Travel to Kyoto, Japan for dissemination of research findings and attendance at the 10th International Family Nursing Conference in Kyoto, Japan (June 23-29, 2011). Winona State University, Office of the President (\$2,000).

Research Collaborator Appointment (2010 – 2011). Collaborator and consultant for nursing genomics study along with Pestka, E., Unger, L., Junglen, L., & Delgado, A., Sharon Tucker, PhD, RN (Mentor) (non-salaried). Nursing Research Division, Mayo Clinic, Rochester, MN.

Research Collaborator Appointment, (2008 – 2010). Collaborator and team coordinator for International grounded theory study along with pediatric nurses. Sharon Tucker, PhD, RN Mentor (non-salaried), Nursing Research Division, Mayo Clinic, Rochester, MN.

Faculty Improvement Grant (2007) Travel to Calgary, Alberta, Canada on a self-designed family nursing center observation and participation in a pre-conference mixed methods design workshop and a post-conference grounded theory workshop (September 18 – 25, 2007). Minnesota State University, Mankato, Academic Affairs (\$1,264), Mankato, MN.

Research Incentive Award (2006). *Dissemination of conceptual and empirical works in family nursing science*. Minnesota State University, Mankato, College of Allied Health and Nursing, Mankato, MN

Douglas R. Moore Research Lectureship (2005). *Challenges of chronic illness: Artistic interpretation of the family re-integration process*. Family Nursing Research Team: Earle, P., Bliesmer, M., Eggenberger, S., Krumwiede, N., Meiers, S.J. (\$2000). Minnesota State University, Mankato, President's Office, Mankato, MN.

Teaching Scholar Fellowship Award (2004). *Development of a pedagogical model for teaching and learning family nursing* (\$6000). Minnesota State University, Mankato, Academic Affairs, Mankato, MN.

Research Incentive Award (2004). *Revision and Pilot Testing of the Role Modeling Intervention to Enhance Family-Sensitive Care and Decrease Boundary Ambiguity in Adult Intensive Care*, Minnesota State University, Mankato; College of Allied Health and Nursing. Mankato, MN

Research Incentive Award (2003). *Psychometric Evaluation of the Family Nurse Caring Belief Scale (FNCBS) with Pediatric Critical Care Nurses and Neonatal Intensive Care Nurses*. Minnesota State University, Mankato; College of Allied Health and Nursing. Mankato, MN

GRANTS AND FUNDED PROGRAM PROJECTS

Valen, M., Foote, J., & **Meiers, S.J.** (2017) (Winona State University Academic Partners), Cieslak, K., Swanton, C., & Rita Moyer (Mayo Clinic), Robin Hoeg (Winona Health), Elizabeth Schossow & Julie Hanson (Hiawatha Valley Mental Health), Heather Geerts & Beth Krehbiel (Zumbro Valley Health Center), and Kathryn Lombardo & Tim Weir (Olmsted Medical Center) (Clinical Partners) (2017). Minnesota Department of Health Office of Rural Health Professional Clinical Training Expansion Grant (Submitted October 23, 2017). A grant application to fund expanding clinical education for advanced practice registered nurses for the rural and underserved of Minnesota. Funded for \$232,382.

Meiers, S. J. (2014). Support of Faculty Development for Graduate Nursing Programs Faculty. HealthForce Minnesota. \$3,500. Project Director (Winona State University).

Meiers, S. J. (2013). Budget Proposal to HealthForceMN for use of DNP Funds in support of A Graduate Faculty Member Attending the Learning Institute at the American Public Health Association Annual Conference Workshop: Epidemiology for Non-Epidemiologists. HealthForce Minnesota. \$1,700. Project Director (Winona State University).

Meiers, S. J. (2012) . Proposal for 2013 American Association of Colleges of Nursing (AACN) Education Conferences. HealthForce Minnesota. \$3,500. Project Director (Winona State University).

Meiers, S. J. (2012). Proposal for Project to Implement Revised and New Graduate Nursing Education Programs, HealthForce Minnesota. \$3,500. Project Director (Winona State University).

Meiers, S. J. (2011 - 2013). New Program: Allina & WSU Geriatric NP Curriculum and Training Collaborative. HealthForce Minnesota. \$100,000. Project Director (Winona State University).

Meiers, S. J. (FY2011). Advanced Education Nurse Traineeship, Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. Grant for \$33,279.00 to fund graduate student stipends. Principal Investigator (Winona State University).

Meiers, S. J. (2010-2011). New Program: Acute Care Nurse Practitioner Program in Master's Program. HealthForce Minnesota. \$13,400.00 Principal Investigator (Winona State University)

Meiers, S. J. (2010). Supporting the DNP Assessment and Evaluation Project for Consortium DNP Program Assessment/Evaluation within the MnSCU System. \$2,200 (to support Work Study to support DNP Evaluation Project. Project Director (Winona State University)

Meiers, S. J. (FY2010). Advanced Education Nurse Traineeship, Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. . Grant for \$37,162.00 to fund graduate student stipends. Principal Investigator (Winona State University).

Meiers, S. J. (FY2007). Advanced Education Nurse Traineeship, Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. . Grant for \$30,552 to fund graduate student stipends. Principal Investigator (Minnesota State University, Mankato).

Giedt, J., McBreen, W., **Meiers, S. J.** , Loen, M. (2006). Collaborative Nurse Educator Graduate Program. Minnesota State Colleges and Universities, St. Paul, MN. Grant for \$100,000 to develop statewide collaborative nurse educator program. Site Director

Meiers, S. J. (FY2006). Advanced Education Nurse Traineeship. Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. Grant for \$33,478 to fund graduate student stipends. Principal Investigator

Meiers, S. J. (FY2005). Advanced Education Nurse Traineeship. Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. Grant for \$20, 980 to fund graduate student stipends. Principal Investigator

SERVICE

Disciplinary

Memberships and Affiliations

Year	Activity	Organization
2023-2024	Nursing Research Forums Series	Moore Nursing Research Professor (UWEC) and Delta Phi Chapter, Sigma.
2022 - Present	Member Grant Reviewer, Research Innovations Council	University of Wisconsin-Eau Claire-Mayo Clinic Health System Collaboration

2020 – Present	Awards Committee Member, Family Health Section	Midwest Nursing Research Society
2020 - Present	Fellow Member	American Academy of Nursing
2020 - 2022	Member	Minnesota Organization of Registered Nurses
2020 - Present	Member	American Nurses Association
2019 - Present	Member	Minnesota Chapter of the National Association of Clinical Nurse Specialists
2021 - 2022	Past President	International Family Nursing Association
2019 - 2021	President	International Family Nursing Association
2018 - Present	Member	National Association of Clinical Nurse Specialists
2017 - 2019	Co-Chair Conference Planning Committee, President-Elect, Board of Directors	International Family Nursing Association
2017 - Present	Member	Council for the Advancement of Nursing Science, American Academy of Nursing
2015 - 2017	Co-Chair, Research Committee	International Family Nursing Research Society, Research Committee
2015 - Present	Member	Kappa Mu Chapter, Sigma Theta Tau International
2014 - 2017	Subcommittee Convener Research Committee Member	International Family Nursing Research Society, Research Committee, International Research Collaboration Subcommittee

2010 - Present	Student Poster Abstract Reviewer for Midwest Nursing Research Society Submission	Winona State University (2010-2021) University of Wisconsin-Eau Claire (2022)
2014, 2018	Abstract Reviewer	Midwest Nursing Research Society, Family Health Section
2014 - 2019	Member	International Family Nursing Society, Research Committee
2013 - 2014	Consultant, Distance Learning Pedagogy Professional Development for Nurse Anesthesia Faculty	Doctor of Nurse Anesthesia Program Development, Nurse Anesthesia Program, Mayo School of Health Sciences, Mayo Clinic, Rochester, MN

June 2-4, 2010	Co-Chair, Rochester Community Based Participatory Research Workshop	Rochester Healthy Community Partnership
2009 - Present	Academic Partner Member	Rochester Healthy Community Partnership
2001 - Present	Member, Abstract Reviewer	International Family Nursing Association
2009 - 2021	Community/External Member	Curriculum Committee, Nurse Anesthesia Program, Mayo School of Health Sciences, Mayo Clinic, Rochester, MN
2007 - 2012	Member	Nursing Research Committee, Mayo Clinic, Rochester, MN
2007 - 2008	Family Health Research Section Chair	Midwest Nursing Research Society
2003 - 2009	Member	Oncology Nursing Society
2002 - Present	Member	Midwest Nursing Research Society
1996 - 1998	President	Mu Lambda Chapter Sigma Chapter Theta Tau International, Mankato, MN
1992 - 2021	Member	Interfaculty Organization
1992 - Present	Member	Mu Lambda Chapter Sigma Chapter Theta Tau International, Mankato, MN

Manuscript Reviews:**Date**

2020 – Present
 2020 - Present
 2007 - Present
 2001 - Present

Organization

Journal of Immigrant and Minority Health
 Journal of Health Care for the Poor and Underserved
 Journal of Family Nursing
 Scandinavian Journal of Caring Sciences

Abstract Reviews:**Date**

2017 - Present
 2015 - Present
 2001 - 2003

Organization

Midwest Nursing Research Society
 International Family Nursing Association
 Mu Lambda Chapter Sigma Chapter Theta Tau International

COMMUNITY BOARD MEMBERSHIP

2018 – Present

Community Pathways for Family Health and Recovery (a not-for-profit community-based participatory research group focused on improving health and recovery for children and families managing in the context of substance use disorder).

- Participate in monthly meetings
- Direct research methods
- Presented findings from Phase I research at a Washington, D.C.

STATEWIDE SERVICE

Minnesota State Universities (formerly Minnesota Colleges and Universities [MnSCU])

Date	Activity	Organization
2018 - 2021	Minnesota State Universities Statewide Graduate Education Council (Member)	Minnesota State Universities (formerly MnSCU)
2012 - 2013	MnSCU DNP Program Management Council (Chair)	MnSCU DNP Practice Consortium
2010 - 2012	MnSCU DNP Program Management Council (Member)	MnSCU DNP Practice Consortium
2009 - 2010	MnSCU DNP Co-Program Management Council (Chair)	MnSCU DNP Practice Consortium
2007 - 2009	MnSCU DNP Program Management Council (Chair Alternate)	MnSCU DNP Practice Consortium
2005 - 2007	Faculty Task Force (Member), Development of MnSCU Doctor or Nursing Practice (DNP) Consortium Program and Curriculum	Minnesota State Colleges and Universities (MnSCU) Doctor or Nursing Practice (DNP) Consortium

Other Activities that Demonstrate Sustained Contributions

1995 – Present Led initiatives in family-focused nursing

- In 1995, I was a founding member of the Family Nursing Research Team (FNRT) at Minnesota State University, Mankato and continue to work with this team. We have conducted four major studies over that time with foundation and university funding. We have published 5 articles and 3 book chapters based on these studies.
- In 2005, the FNRT presented the Douglas R. Moore lectureship “*Challenges of chronic illness: Artistic interpretation of the family re-integration process*” at MSU, M, bringing notoriety about family nursing to the university.
- In 2008, the Glen and Becky Taylor Institute for Family and Society Nursing was launched at Minnesota State University, Mankato and I was the original co-chair of the Institute in 2008-2009.
- In 2009, under my leadership along with my co-chair, Dr. Sandra Eggenberger, the Glen and Becky Taylor Institute provided substantial funding to launch the International Family Nursing Association (IFNA), an organization that now has over 460 international members with international influence .
- In 2020, I am the first author of an article accepted for publication, *Measuring family members’ experiences of integration of chronic illness into family life: Preliminary validity and reliability of the Family Integration Experience Scale-Chronic Illness (FIES.CI)* doi:10.1177/1074840720902129
- In 2020, I was the co-principle investigator of an FNRT research study, *Testing the Family*

Caring Conversation Guide in Chronic Illness, using the FIES.CI.

- I am leading development of an interprofessional mixed methods research study “Support of Children and Kinship Caregivers (SPOCK)” to examine the needs of children and kinship caregivers in the context of substance use disorder.

2009 – Present Led initiatives to facilitate excellence in APRN Nurse Anesthesia Education

- I provided leadership to the Mayo Clinic Nurse Anesthesia program as a professor teaching courses and as a community member of their curriculum advisory committee. I consulted with Dr. Mary Marienau and her faculty team in transitioning the program from master’s to doctoral level curriculum. I developed a co-teaching model so that members of the Winona State University Graduate Nursing Faculty pair with the Mayo Clinic Nurse Doctor of Nurse Anesthesia Practice (DNAP) program faculty to teach four courses in the foundational year of the DNAP program. I also consulted on development of the DNAP evidence-based practice project approach. Three classes of 28 students have graduated from the DNAP program and enrollment is robust.

2009 – Present Led initiatives in population-focused health and health policy

- In 2009, I, the academic nurse leader for WSU in the Rochester Healthy Community Partnership (RHCP), a community-based, participatory research group, where WSU developed community connections and continue providing focused, linguistically appropriate, and culturally sensitive care through the Advanced Family Health Promotion course in which all graduate nursing students enroll.
- In 2011 – 2016, I led the WSU component the *Healthy Immigrant Families: Working Together to Move More and Eat Well* National Institutes of Health study (4R01HL111407-05) with RHCP. I developed and monitored the family intervention component of the study.
- In 2013, I wrote a successful grant to support an adjunct faculty member, Dr. Kim Dowat, to attend the *Learning Institute at the American Public Health Association Annual Conference Workshop: Epidemiology for Non-Epidemiologists* in preparation for teaching the doctoral epidemiology course in our new DNP curriculum. Dr. Dowat continues to teach this course today and she is a new full-time graduate faculty member in 2019-2020.
- In 2016, WSU was awarded the Centers of Disease Control and Prevention/American Association of Colleges of Nursing (AACN) Innovations in Graduate Population Health Curriculum Award at the AACN Spring Conference in Washington, DC.
- In 2019, under my leadership, WSU supported two students to attend the American Association of Colleges of Nursing Student Health Policy Summit for the first time and in 2020, two additional students were supported.

2014 – Present Convened and led the initial International Research Collaboration Subcommittee Members of the Research Committee of the International Family Nursing Association (IFNA)

- Initially, under my leadership, Subcommittee members interviewed families from Japan, Australia, Denmark, the United Kingdom, and the United States in a project entitled “Strengthening families worldwide: Potential directions for an international collaboration in family nursing” and families were asked to “define family”. Project outcomes were presented at the International Family Nursing Conference in Denmark in 2015 and are perpetually available on the IFNA YouTube Channel and the IFNA website.
- In 2015, I obtained institutional research board approval to conduct the “Defining family

nursing” study along with colleagues from Australia, Denmark, Japan, the United Kingdom, and the United States. Findings of this study were presented in Pamplona, Spain in 2017 at the International Family Nursing Conference and a manuscript is under review to share cross-cultural perspectives of involving families in nursing practice. Lessons learned about the process of conducting distance-mediated international family nursing research were also shared at this conference.

- In 2017, I led the International Research Subcommittee’s launch of the Acute Care Family Nursing Research Cluster. This cluster presented their multi-site, international research protocol at International Family Nursing Conference (IFNC14) in Washington, D.C. and they are currently conducting data analyses of interviews with nurses in acute care settings across the globe. Currently, the Acute Care Family Nursing Research Cluster and the Defining Family Nursing Cluster are developing a manuscript about cross-cultural research.
- In 2019, I mentored the new Subcommittee Chair in launching the Pediatric Family Nursing Research Cluster, based on successful strategies learned in original Subcommittee work.

TEACHING

Graduate Courses

Titlec	Year	Credits	Institution
Adult-Gerontology CNS Role Foundations Seminar	Spring 2024	1.25	Winona State University
DNP Project 1 Clinical	Spring 2024	1.26	Winona State University
Innovations in Nursing and Healthcare Leadership Practicum	Spring 2024	3	Winona State University
Innovations in Practice & Leadership Practicum	Spring 2024	3	Winona State University
Health Policy and Quality Health Care Delivery	Spring 2024	1.05	Winona State University
Advanced Pathophysiology	Spring 2024	2.5	Winona State University
Organizational and Systems Leadership	2020 - 2021	3	Winona State University
Organizational and Systems Leadership	2018 and 2020	3	Mayo School of Health Sciences, Nurse Anesthesia Program
Evidence Based Practice Seminar	2016 - 2017	3	Mayo School of Health Sciences, Nurse Anesthesia Program

Innovations in Practice and Scholarship Seminar	2015 – 2019	3	Winona State University
Clinical Scholarship	2014 - Present	3	Winona State University

Nursing Leadership Practicum III	2014	3	Winona State University
Evidence Based Practice Seminar	2014 - 2015	3	Winona State University
Thesis/Evidence Based Practice	2011 - Present	2	Winona State University
Scientific and Ethical Foundations	2011-2013	3	Winona State University
Health Policy and Quality Health Care Delivery	2012	3	Winona State University
Nursing Education: Curricular Processes	2011 & 2013	2	Winona State University for Mayo School of Health Sciences Nurse Anesthesia Program
Evidenced Based Practice	2011 - 2012	3	Winona State University
Advanced Health Promotion for Families	2011 - 2017	3	Winona State University
Advanced Health Promotion for Families Clinical	2011 - 2017	1	Winona State University
Individual Study (Supervising Clinical Practical Training)	2010 - Present	1 - 3	Winona State University
Continuing Thesis/Professional Study	2010 - Present	1	Winona State University
Psychosocial Interventions in Family Care	2010	2	Winona State University
Clinical Scholarship IV	2009	3	MNSCU DNP Consortium
Clinical Scholarship I, II, III	2008-2009	3	MNSCU DNP Consortium
Clinical Scholarship and Analytic Methods	2009	2	MNSCU DNP Consortium

Knowledge Development in Nursing	2007-2009	3	Minnesota State University, Mankato
Family Nursing	2005-2009	3	Minnesota State University, Mankato
Family Nursing Theory	1999-2005	2	Minnesota State University, Mankato

Undergraduate Courses

Title	Year	Credits	Institution
Nursing Synthesis	2008	3	Minnesota State University, Mankato
Family Nursing for RNs	2008	3	Minnesota State University, Mankato
Altered Human Functioning for RNs	2005	3	Minnesota State University, Mankato
Professional Nursing for RNs (2001-2002)	2001-2002	6	Minnesota State University, Mankato
Foundations in Nursing	1997-1998	3	Minnesota State University, Mankato
Child Health Clinical	1999-2004	3	Minnesota State University, Mankato
Child Health Nursing	1999-2004	2	Minnesota State University, Mankato
Altered Physiologic Mode Clinical II	1998-2000	5	Minnesota State University, Mankato
Professional Nursing for LPN's	1996-1997	2	Minnesota State University, Mankato
Psychomotor Strategies in Nursing II	1995-1997	1	Minnesota State University, Mankato
Altered Physiologic Mode Clinical I	1995-1997	4	Minnesota State University, Mankato

Graduate

Master's Theses (Th)/Evidence Based Practice Projects(EBP)/Scholarly Inquiry Paper (SIP):

Final Oral Examination Committee Member: (n=22 Groups; n = 44 Students)

MS/MA/MSN:

Kiehne, T. (2016). Nutritional influences on surgical wound healing: A review of current literature (SIP). Winona State University, Winona, MN..

Bruen, D.M., Hoversten, S.L., Lazzara, L. K. (2014). Spirituality, psychosocial distress, and posttraumatic growth in women with recurrent ovarian cancer (Th). Winona State University, Winona, MN.

Ellefson, J. & Miller, G. (2014) . Comparison of posttraumatic growth in different aged women with recurrent ovarian cancer (Th). Winona State University, Winona, MN.

Gruber, M., Hagi-Salaad, M. and Stevermer, H. (2014). Strategies for promoting health in Somali communities (EBP). Winona State University, Winona, MN.

Hawn, H. & Prochaska, J. (2014). The relationships amongst age, cognition, and number of electroconvulsive therapy treatments in adults during inpatient psychiatric treatment (Th). Winona State University, Winona, MN.

Berding, S. (2013). The relationship between psychological distress and sexual relationship adjustment in husbands of wives diagnosed with recurrent ovarian cancer (Th). Winona State University, Winona, MN.

Busch, J., DeRocher, J., Nack, C. (2013). An evidence-based approach for integrating effective teaching strategies for motivational interviewing into a graduate nursing program curriculum. Winona State University, Winona, MN.

Haley, A.M. & Linquist, B.M. (2013). Strategies to establish trust between health professionals and Sudanese community members in the context of health promotion(EBP). Winona State University, Winona, MN.

Archer, S., Barna, A., & Holper, R. (2011). Cognition, fluid intake, and length of stay in older adults (Th). Winona State University, Winona, MN.

Bina, J., Schomburg, M. & Tippetts, L. (2011). Decisional involvement: Actual and preferred involvement in decision-making among registered nurses(Th). Winona State University, Winona, MN.

Niesen, C. (2011). A fall prevention guideline review and plan for implementation (EBP). Winona State University, Winona, MN.

Carrico, H., Hellickson, J., & Mielke, C. (2010). Fear of recurrence, psychological distress, and marital cohesion in women with recurrent ovarian cancer (Th). Winona State University, Winona, MN.

Friedrich, T., Miller, T., Monsour, A., & Tarbell, L. (2010). Relationships between falls, health perception, and physical functioning in a group of elderly women living together in a religious community(Th). Winona State University, Winona, MN.

Brackle, R. & Swenson, A. (2010). A descriptive correlational study on dehydration, age, and number of medical diagnoses in the elderly psychiatric inpatient(Th). Winona State University, Winona, MN.

Ahrens, S., Bos, M., & Olson, E. (2010). Secondary analysis examining the relationships between age, fear of recurrence, symptom distress, and psychological distress in younger versus older women with recurrent ovarian cancer(Th). Winona State University, Winona, MN.

Boberg, M., Jeffers, A., Prieto, K., & Repinski, H. (2009). Exploration of osteoporosis prevention and cognitive ability among religious sisters(Th). Winona State University, Winona, MN.

Derby, K., Gilman, P., and Skrukrud, B. (2009). Cardiovascular disease, body mass index, and functional performance in a group of religious sisters: Is there a relationship?(Th) Winona State University, Winona, MN.

Koski, C. (2007). Examining the relationships between anxiety in the significant other of adult ICU patients and nurses' display of empathy and level of engagement(Th). Minnesota State University, Mankato.

Kalm, P. (2006). An exploration of published nursing theory-based outcomes research(Th). Minnesota State University, Mankato, MN.

Mittiness, J. R. (2006). Content validity and reliability testing of the family-centered care evaluation measure(Th). Minnesota State University, Mankato, MN.

Anderson, Wendy (2003). New mothers and fathers compare their labor and delivery experience (Th). Minnesota State University, Mankato, MN.

Uecker-Bezdicek, K. (2002). Parenting: The lived experience of the adult child of an alcoholic(Th). Minnesota State University, Mankato, MN.

Final Oral Examination Committee Chairperson: (n = 27 Groups; n = 43 Students)
MS/MA/MSN:

Post, E. & Severson, N. (2021). What are professional perceptions of resources needed to support the needs of children when parents have substance use disorder? (Th). Winona State University, Winona, MN.

Allen, C. (2019). Review of psychological morbidity in family members of ICU patients. (SIP). Winona State University, Winona, MN.

Dahl, C. & Turba, E. (2019). Approaches to enhancing family satisfaction with care of persons hospitalized in intensive care receiving end-of-life care: An integrative review. (Th). Winona State University, Winona, MN.

Bozadjieva, M., Langer, J., & Eldred, K. (2018). An analysis of the differences in self-efficacy for physical activity among Somali and Hispanic immigrants. (Th). Winona State University, Winona, MN.

Braaten, K.L., Koenig, D.A., & Wescott, B.A. (2016). Variability in perceived family change, family growth, and family struggling among families managing chronic illness (Th). Winona State University, Winona, MN.

Goetzke, E., Parks, K., & Peterson, L. (2015). Family vulnerability, family change, and family financial concerns related to the experience of chronic illness. Winona State University, Winona, MN.

King, D. M. (2014). Family presence supported by designated nursing specialist during resuscitation of critically ill or injured children in the emergency department (EBP). Winona State University, Winona, MN.

Cavanaugh, K.J., Eastwick, E.S., Kronebusch, B.J. (2014). Exploring family caregiving strategies, family relationships and family growth in the context of chronic illness (Th). Winona State University, Winona, MN.

Jackson, K. & Stuedemann, A. (2013). Vulnerability and uncertainty among families dealing with chronic illness. (Th) Winona State University, Winona, MN.

Goodew, R. A., Isaacson, E. A. C., Miller, J. A. (2013). The presence of pondering, struggling, and burden among family members with chronic illness(Th). Winona State University, Winona, MN.

Larsen, A., Myburgh, A., & Popp, K. (2011). Family health promotion in chronic illness: Relationships between family functioning, vulnerability and caring strategies(Th). Winona State University, Winona, MN

Worden, W. & England, L. (2011). Family uncertainty, struggling and connecting: Managing chronic illness (Th). Winona State University, Winona, MN.

Revier, (2010). The lived experience of hope for family caregivers caring for a terminally ill loved one (Th). Minnesota State University, Mankato, Mankato, MN

Wertish, R. (2009). Social support of adolescent mothers in the postpartum period (Th). Minnesota State University, Mankato, Mankato, MN

Vangelder, S. (2009). Complexity of Representation of People in nurses caring for laboring women: A validation study (Th). Minnesota State University, Mankato, Mankato, MN.

Hoover, V. (2008). Family uncertainty in a coronary angiography setting (Th). Minnesota State University, Mankato, Mankato, MN.

Saiki, A. (2007). The relationship between family social support and quality of life of the patient and family caregiver during the transplant experience (Th). Minnesota State University, Mankato, Mankato, MN.

Steel, B. (2005). Perceived needs of parents of infants in the Level II nurseries (Th). Minnesota State University, Mankato, Mankato, MN.

Goblirsch, S. (2006). Critical care nurses' and families' perception of the family-nurse interaction (Th). Minnesota State University, Mankato, Mankato, MN.

Swan, M. (2005). Collaborative practice between nurse practitioner and physician: A pilot study (Th). Minnesota State University, Mankato, Mankato, MN.

Neu, K. (2004). New father's role transition to parenthood: The lived experience (Th). Minnesota State University, Mankato, Mankato, MN.

Fahey-Bacon, P. (2004). Parental perspectives: The experiences of families managing Prader Willi Syndrome (Th). Minnesota State University, Mankato, Mankato, MN.

Hoffman-Distad, K. (2004). The relationship between maternal self-efficacy and breastfeeding duration (Th). Minnesota State University, Mankato, Mankato, MN.

Guthrie, S. (2004). The lived experience of patients who have had coronary angioplasty(Th). Minnesota State University, Mankato, Mankato, MN.

Carlson, V. (2004). Revision and content validity of the Family Nurse Caring Belief Scale(Th). Minnesota State University, Mankato, Mankato, MN.

Scharmer, J. (2003). Development and proposed testing of a tool to measure utilization of nurse practitioners in Minnesota hospital emergency departments(Th). Minnesota State University, Mankato, Mankato, MN.

Ryder, N. (2003). Family needs in the coronary intensive care unit (EBP). Minnesota State University, Mankato, Mankato, MN.

Doctor of Nursing Practice Projects (Evidence-Based Practice Implementation)

Final Oral Examination Committee Member: (n = 12 Groups; n = 14 Students)

DNP

Fitzgerald, J. (2019). Weekly engagement of child caregivers in activity and nutrition (WECAN). Winona State University, Winona, MN.

Cowan, T. (2017). How a dementia friends session changed attitudes toward dementia. Winona State University, Winona, MN.

Jones, C. (2016). Missed care as a quality indicator during transition to a Dedicated Education Unit Model. Winona State University, Winona, MN.

Habicht, L. & McLean, E. (2015). Advanced care planning in the Latino community. Winona State University, Winona, MN.

Olson, C. (2012). Effect of an educational intervention on nurses' self-efficacy and knowledge in providing discharge instructions to patients diagnosed with heart failure. Winona State University, Winona, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Hemmingsen, T. (2012). Implementation of a diabetes discharge planning pathway: A quality improvement initiative. Winona State University, Winona, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Townsend, C. E. (2011). Use of social media with a tailored intervention to increase influenza immunizations among college students. Winona State University, Winona, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Clouse-Smith, S. (2011). Evidence based HPV education for parents: Implementation of a staff-led intervention. Winona State University, Winona, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Schardt, D. (2010). The effects of guided imagery on perceived stress in the prenatal adolescent. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program

Vesel, L. (2009). Job satisfaction and intent to stay in mentored versus non-mentored nursing faculty. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Vorbeck, E. (2009). Impact of surgical stomas on sleep and response to sleep intervention: A pilot study. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Rosen, N. (2009). Evidence-based model for a psychotic advanced nurse private practice. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Final Oral Examination Committee Chairperson: (n = 14 Groups; n = 16 Students)
DNP

Lindbeck, L. & Persinger, S. (2019). First steps toward enhanced school-based mental health. Winona State University, Winona, MN

Chapman, L. B. & Kopp, K. (2018). Structured interdisciplinary rounds in an intensive care unit setting. Winona State University, Winona, MN.

Roth, C. (2018). Provider knowledge and confidence in treating adults with bipolar disorder in a homeless health clinic within a federally qualified health center: Introducing the Collaborative Care Model. Winona State University, Winona, MN.

Chapman, L. & Kopp, K. (2018). Structured interdisciplinary care rounds in an intensive care unit setting. Winona State University, Winona, MN.

Bostyan, A. & Gander, K. (2018). Creativity, opportunity, planning and expert information: A bone marrow transplant and caregiver skills study. Winona State University, Winona, MN.

Bain, S. & Lundin, K. (2017). A preparatory letter and caregiver conversation to decrease distress and support family engagement when children are initiating proton beam therapy. Winona State University, Winona, MN.

Prochnow, J. (2017). Patient and Caregiver New Medication Education Using Teach-back. Winona State University, Winona, MN.

Cook, C. & Dahms, S. (2016). Enhancing care for infants with Neonatal Abstinence Syndrome: An evidence based practice approach in rural Minnesota. Winona State University, Winona, MN.

Kraft, S. J. (2015). Evaluating a unit-specific surgical safety checklist briefing in an orthopedic surgical department: Influence on compliance and culture of safety. Winona State University, Winona, MN.

Niesen, C.R. (2015). Enhancing self-management for adults with functional abdominal pain through a registered nurse-led cognitive behavioral therapy intervention. Winona State University, Winona, MN.

McGohan, L. (2009). Ambulatory care nursing professional development model. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Beske, S. (2009). Content validity testing of an evidence-based non-pharmacologic intervention protocol for management of orthostatic hypotension in the elderly. Minnesota State University,

Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium
Doctor of Nursing Practice Program.