# Cover Letter and Resume Guide



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# **COVER LETTERS**

A cover letter serves as the introduction to your resume. It is specific to each position and demonstrates interest in a particular employer or job. It should include expanded information from the resume and should not repeat things.

Because it is often the first contact with a prospective employer, it should be concise, well-written, and demonstrate effective communication.

# **COVER LETTER SECTIONS**

The cover letter typically consists of three parts: introduction, body, and closing. Within these three parts, include:

- How you found out about the position (referral, networking event, etc.)
- Why you are interested in the organization
- Why the organization should be interested in you
- When and how you will contact the organization to follow up

### Introduction

- Capture the reader's interest
- Tell the reader how you learned of the position or organization (Why did decide to apply?)
- If appropriate, mention the name of someone who suggested you apply to the company and/or for the job opportunity

### Body

- Demonstrate your ability to do the job in 1-3 paragraphs
- Promote your education, experiences, past jobs, internships, and student activities
- Use examples and tell your story
- Illustrate the skills related to the position and what you can offer to the position
- Enhance your accomplishments with details, do not repeat what is on your resume

### Closing

- Indicate next steps, including a plan to follow up with the employer
- Thank the employer for taking the time to consider your application materials
- Close the cover letter with "Sincerely" or "Respectfully"

## **TIPS**

- Proofread
- Personalize each letter (make every attempt to address each letter to a specific individual)
- Limit the cover letter to one page, be concise and compelling
- Avoid overusing the word "I"
- Vary writing style and offset long sentences with short ones
- Sign the cover letter
- Use a 10-12 font size
- Use paper, font and a header that match your resume to make a consistent application package
- If including items with the cover letter such as a resume, references, or writing samples, use one of the following notations below your name: Enclosure, Encl., or Enc. or Attachment, Att. Or Atch. if sent electronically
- Keep a copy of every letter you send as part of your job search file
- Send as a PDF document

# **COVER LETTERS SAMPLE**

Utilize block format to give a professional first impression to the reader. Darcy R. Heath 123 Mulberry Street Stillwater, MN 58329

August 12, 2019

Address the letter to a specific person or hiring team. Never assume titles and match name listed in job description.

EcoSource 12123 Fall Street Eau Claire, WI 54703 Attn: Patricia West

Dear Patricia West:

Please accept this letter of interest regarding the Project Manager position available at EcoSource. I learned of the position while reviewing Handshake. As a passionate and committed graduate, I am looking forward to continuing my career path at EcoSource.

State in the first sentence why you are writing the letter.

As I read your position description, I have experience in each item you outline. My Bachelor of Arts degree in Organizational Communication has taught me interpersonal and leadership skills, while offering me practical experience. I have worked in a professional environment as an intern at FOX Sports North where I developed project work schedules, engaged team members, and managed day to day project tasks. I monitored work-flow requirements to meet timelines and quality assurance standards. Bringing a high attention to detail and strong communication skills to the position, I organized company events and managed social media campaigns. I enjoyed this experience and further confirmed my interest in working as a project manager.

Explain qualifications and skills in relation to the open position.

As a Student Supervisor of the Service Center team in Davies Center at UW-Eau Claire, I have honed my customer service skills, which I consider essential to the profession of project management. My greatest strengths are taking the initiative to identify customer needs and working efficiently to achieve team goals. I believe I am well-equipped to transition into a member of your customer focused, dynamic organization.

Sign the cover letter before sending it to

Through my student work experience and internship, I have proven my ability to handle multiple projects and stay focused on the needs of the customer. My enclosed resume further details my qualifications for this position. Please feel free to contact me at heathdr@gmail.com or 715-555-5555 with any questions. I look forward to hearing from you. Thank you for taking the time to consider my application.

If including other documents with the cover letter, use Enclosure, or Attachment if sent electronically

Sincerely,

Daver Huth

Darcy Heath

Enclosure (Resume)

Optional-utilize the same header as the resume to create a streamlined application package.

Note how you found the position. If referred by a company employee, include the contact's name in the letter.

Demonstrate how your career goals align with the position and organization.

Demonstrate your knowledge of the position and company. Frame experiences to focus on skills relevant to a particular job.

Include contact information in the last paragraph of the cover letter.

A cover letter accompanies a resume and other application documents. It serves as your first impression to an employer and helps you to stand out from other job seekers.

- Write the cover letter targeted to an industry, company, or job
- Determine important job requirements from the position description and customize your cover letter to highlight key skills and experiences
- Do not copy and paste information from the resume; expand on experiences, skills, and accomplishments
- Proofread, spell check, and edit the cover letter
- Make your points succinctly and concisely; do not ramble
- Do not send the same generic cover letter for all jobs

# **RESUMES**

A resume highlights qualifications for employment including education, experience, skills, and other relevant information. The resume is used by employers to determine potential interview candidates for specific opportunities. Tailor the resume to a specific career opportunity and company. This is your chance to tell your story.

Basic types of resumes include:

**Chronological**-It is the most frequently used resume by new college graduates and people with continuous employment history. Chronological resumes list information in reverse chronological order (most recent items first) and give a brief account of education and experiences.

**Functional**-It focuses on an individual's professional skills and most often is used by individuals whose education and experiences do not match career goals. A functional resume is used when there are noticeable gaps in experience. Skills are used as headings followed by statements demonstrating accomplishments and utilization of skills.

**Combination**- It is a mix of chronological and functional resumes. Combination resumes list information in reverse chronological order and focus on skills.

**Scannable**-A scannable resume is one that can be "read" by Applicant Tracking Software (ATS) and scanned for keywords and specific information. Keyword searches focus on words used in the position description.

Information should be presented in the order that best supports the individual's objective and enhances candidacy for career opportunities. Do not hesitate to create headings specific to experiences. Resumes should stand out from other applicants' documents; **do not use resume templates**.

# **CURRICULUM VITAE (CV)**

A CV is a document similar to a resume because it provides an overview of your professional and educational experiences. The difference between the two documents primarily lies in the content and purpose. CV content may include publications, presentations, research, honors and other relevant information; and can be multiple pages. A CV is typically developed for applications for international jobs, graduate programs, teaching, or research positions in a university or research setting. A resume is prepared for employers outside of academic settings and is typically one full-page.

# **SAMPLE RESUME HEADINGS**

Academic Achievements **Academic Honors** Accomplishments Activities Additional Experience Associations Athletic Involvement Awards and Distinctions Campus Involvement Career Goal Career Highlights Career Objective Career Related Experience Career Summary Certifications Classroom Experience Coaching Experience

College Activities Community Involvement Computer Experience Computer Knowledge **Computer Skills** Conferences Credentials Education **Education and Training Employment Employment Objective Employment History Exhibitions and Awards** Experience(s) Extracurricular Involvement Field Placement Highlights of Qualifications

Internship Experience Job History Leadership Roles Honors Lab Skills Language Skills Memberships and Activities Military Experience Military Service Military Training Objective **Professional Affiliations** Professional Development **Professional Experience Professional Organizations** Related Experience

International Experience

Relevant Course Work Relevant Experience Research Experience Skills and Qualifications Skill(s) Summary **Special Training** Special Awards Special Licenses and Awards **Student Teaching Experience** Study Abroad **Summary of Qualifications** Teaching Experience **Technical Skills** Volunteer Experience Work Experience Work History Workshops and Seminars

# **RESUME SECTIONS**

### Heading

- Name, mailing address (can be optional), professional email address and phone number
- LinkedIn URL, e-portfolio or a professional website is optional (not hyperlinked)

### **Professional Objective (Optional)**

- A brief statement that tells the reader about career goals and/or expresses interest in a specific job
- Include a specific job title, company name, general occupational field, and qualifications

### **Education**

- Universities attended and location (city and state)
- Degree(s), major(s), minor(s), academic certificate(s)
- Date of graduation (month and year)

### **Optional educational information may include:**

- Study abroad experience (university, location, and dates)
- Cumulative and/or Major GPA (3.0 or better)
- Relevant coursework
- Scholarships and academic honors

### **Experience**

- Job title from employment, research, internship, student teaching, etc.
- Employer name and location (city and state)
- Dates of employment (month and year)
- Bulleted description of responsibilities and accomplishments using action verbs (called accomplishment statements)

### **Special Skills**

Skills related to the position (typically technical and language skills) and level of proficiency

### Awards and Honors

Scholarships, academic honors (i.e. Dean's List), and special recognitions (i.e. Employee of the Month)

### **Activities**

• Campus and community activities including organizations, clubs, student government, athletics, and professional affiliations (include dates)

### References

- Reference name and title, organization, phone number, and email address
- Include references on the resume or on a separate document
- Make sure you have asked each person for permission to be used as a reference.

# **ACCOMPLISHMENT STATEMENTS**

### A Good Accomplishment Statement Should Contain:

- 1) An action verb describing role and/or responsibilities
- 2) The scope of activities (i.e. size of unit managed, size of budget managed, or a number of personnel affected)
- 3) The results of activities, given in measurements such as, numbers/percent, amount of money, or value-added for customers
- 4) Specific skills gained from the experience

### **Tips for Writing Effective Accomplishment Statements:**

- Tailor statements to company and job of interest
- Use approximately 2-5 statements for each position
- Bulleted action statements are easier and quicker to read than paragraphs
- Indent where appropriate to signify points that are a subset of an accomplishment
- Add scope and details to provide context such as numbers, size, ages, percentages

### **Examples:**

- Initiated advanced assembly procedures to increase production 15% by reducing turnaround time from six to five days
- Led a team of volunteers in planning, preparing, and serving a weekly meal for 90 residents at a local shelter
- Provided excellent customer service to clients by addressing questions and assisting with purchases

# **ACTION VERBS**

Administrative Skills	Establish	Compile	Execute	Summarize
Approve	Fashion	Compose	Improve	Survey
Arrange	Find	Convey	Increase	Verify
Catalogue	Illustrate	Сору	Organize	•
Classify	Initiate	Correct	Plan	Teaching Skills
Collect	Institute	Define	Prioritize	Adapt
Compile	Integrate	Document	Produce	Advise
Execute	Introduce	Gather	Recommend	Clarify
Generate	Invent	Inform	Review	Coach
Implement	Perform	Proofread	Schedule	Communicate
Inspect	Plan	Question	Strengthen	Coordinate
Monitor	Publish	Review	Supervise	Develop
Operate	Shape	Specify	Super vise	Enable
Organize	Shape	Survey	<b>Problem-Solving Skills</b>	Encourage
Prepare	Financial Skills	Tabulate	Analyze	Evaluate
Process	Administer	Test	Apply	Explain
Purchase	Allocate	Verify	Calculate	Facilitate
Record	Analyze	verify	Compile	Guide
	Appraise	Leadership Skills	Consult	Inform
Retrieve	Audit	Appoint	Correct	Initiate
Screen	Balance	Approve	Create	Instruct
Specify	Budget	Arrange	Critique	Persuade
Validate	Calculate	Assess	Design	rersadae
Communication Skills	Compute	Assign	Develop	Teamwork Skills
Address	Develop	Authorize	Diagnose	Accomplish
Arbitrate	Forecast	Coach	Discover	Assist
Arrange	Manage	Complete	Dissect	Collaborate
Author	Market	Consult	Examine	Coordinate
Collaborate	Plan	Delegate	Explore	Corroborate
Develop	Project	Demonstrate	Problem solve	Encourage
Direct	Research	Direct	Propose	Explain
Draft	Research	Enlist	Research	Help
Edit	Helping Skills	Facilitate	Resolve	Share
Formulate	Assist	Head	Revise	Volunteer
Influence	Assess	Initiate	Search	Volunteer
	Clarify			Technical Skills
Interpret	Coach	Launch	Study	Assemble
Mediate	Counsel	Motivate	Track	Build
Moderate	Demonstrate	Negotiate	Troubleshoot	Calculate
Motivate	Educate	Nominate	Research Skills	Compute
Negotiate	Facilitate	Preside	Clarify	Design
Persuade	Familiarize	Start	Collect	Devise
Promote	Guide	Management Skills	Critique	Engineer
Publicize	Refer	Administer	Diagnose	Fabricate
Recruit	Represent	Analyze	Evaluate	Maintain
Speak	Service	Assign	Examine	Operate
Translate	Support	Attain	Identify	Overhaul
Creative Skills	Tend	Contract	Inspect	Program
Act	Tutor	Consolidate	Interpret	Remodel
Conceptualize	10101	Coordinate	Interpret	Repair
Create	Information Skills	Delegate	Investigate	Solve
Design	Catalogue	Develop	Organize	Train
Develon	Clarify	Develop	Raviaw	Ungrade

Direct

Evaluate

Review

Upgrade

Clarify

Classify

Develop

Direct

# SAMPLE CHRONOLOGICAL RESUME

Name should be large (18-24 font size) and bold to

Write out abbreviations on

Use bullet points focused on the scope of activities, results, and skills utilized in the

Refrain from using complete sentences. Instead, use action verbs to start

Avios using "I", pronouns or

Avoid using cliché statements like excellence

In the *Activities* role, organization name, and dates.

### Darcy R. Heath

Education

heathdr@gmail.com | (453) 339-2087 linkedin.com/in/darcyrheath

123 Mulberry Street Stillwater, MN 58329

Include university

Include name.

address, phone

professional email.

**International Education** 

• Shaoguan University, Shaoguan, China: January 2018

University of Wisconsin-Eau Claire (UWEC), Eau Claire, WI: December 2018

Bachelor of Arts: Organizational Communication and International Business

• University of Winchester, Winchester, England: January 2017-May 2017

### Academic Project

Human Resource Development and Training, University of Wisconsin-Eau Claire (UWEC): August 2018-December 2018

- Collaborated with a team of 6 to create an employee training program for UWEC administrative staff
- · Conducted needs assessment by researching topics through online journal article database
- Created step-by-step training plan and developed training materials including participant and facilitator's guide
- Independently developed learning module on active listening skills in the workplace
- Presented training to UWEC administrative staff and collected participant feedback

### **Internship Experience**

Marking and Communications Intern - FOX Sports North, Minneapolis, MN: June 2018-September 2018

- Develop materials to improve online communication via social networking on Facebook and Twitter
- Maintained and updated social network communication in order to increase customer awareness and website traffic
- · Organized special community and fund-raising events involving the Minnesota Twins and the Minnesota Wild
- Represented FOX Sports North professionally and in accordance with company standards

### Employment History

Student Supervision - UWEC Service Center, Eau Claire, WI: October 2017-Present

- Train cashiers on operation of the ticketing system, postal scale, money order machine, postal machine, card reader, and telephone system
- Serve as Service Center Manager in the absence of the general manager by taking on additional
- Prepare computer reports, balance vault and lock/alarm the center at the end of day shift

Head Coach - Burnsville Athletic Club, Burnsville, MN: June 2014-August 2016

- Organized specialized drills and exercises to enhance athletes' performance
- Handled confrontation situations effectively during games to resolve conflict
- Interacted with parents and coaches of other teams to maintain positive relationships

### **Technical Skills**

- · Working Proficiency in Microsoft Word, Excel, PowerPoint, Publisher, and Outlook
- Experience with Adobe Illustrator, InDesign, Photoshop, and Dreamweaver
- Skilled in social media platforms Facebook, Twitter, and Instagram

### **Activities and Memberships**

UWEC Center for International Education – Peer Advisor: September 2017-December 2018 Beta Upsilon Sigma Business Fraternity - Member: January 2016-December 2018 Sacred Heart Hospital - Volunteer; August 2014-December 2016

experiences should be listed on the

Add relevant and activities.

applicable to the job should be incorporated into

Include volunteer and other related

A resume is a summary of education, professional experiences, and activities. The best resumes are tailored to an industry, company, and job of interest.

- Utilize a chronological format where the most relevant information listed in sections toward the top of the document
- Keep the document concise, 1-2 pages, using 10-12 font size
- Highlight important information with bold, italics, and bullet points
- State clear and concise statements
- Utilize a professional layout with a balance of white space to text
- Proofread, spell check, and edit the resume
- Send as a PDF document

# **SAMPLE REFERENCE PAGE**

Utilize the same header as the resume to create a streamlined application package.

Include 3-5 professional references. Do not include family members or friends

# Darcy R. Heath

heathdr@gmail.com | (453) 339-2087 linkedin.com/in/darcyrheath

123 Mulberry Street Stillwater, MN 58329

### REFERENCES

Dr. Leonardo Duck Professor, University of Wisconsin-Eau Claire Eau Claire, WI 54702 555-555-5555 leo@uwec.edu

Mr. Aaron Rodgers-Hammerstein Manager, FOX Sports North Minneaplis, MN 55401 555-555-5555 arodgers@fox.net

Ms. Madison Win Manager, University of Wisconsin-Eau Claire Service Center Eau Claire, WI 54702 555-555-5555 madison@uwec.edu

Mr. Elvis Mann Volunteer Coordinator, Sacred Heart Hospital Eau Claire, WI 54702 555-555-5555 elvismann@ssh.org Professional references can include a faculty member, academic mentor, advisor, supervisor, co-worker, or colleague.

Include reference's name, title, organization, address, phone number, and email.

A reference page is a part of the application process. References provide recommendations to potential employers about your professional experiences, skills, and work values.

- · Choose references that are able to speak about your skills and experiences in a positive and professional manner
- Ask a reference for permission prior to applying to open positions
- Provide your references a copy of your resume and the position description
- Submit the reference page when it is requested by the hiring manager or recruiter
- Do NOT include "references available upon request" at the bottom of the resume