

# Blu Blugold

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## EDUCATION:

**University of Wisconsin- Eau Claire (UWEC)**, Eau Claire, WI Expected: December 2023  
Bachelor of Science: Rehabilitation Science, Pre-Professional Occupational Therapy  
Certificate in Gerontology  
Major GPA: 3.80/4.00, Cumulative GPA: 3.68/4.00

## RELATED EXPERIENCE:

**Prevea Health**, *Occupational Therapy Intern*, Chippewa Falls, WI June 2022 - August 2022

- Gained knowledge and experience through observation in an occupational therapy setting
- Set patient goals and developed therapy programs under supervision of occupational therapist
- Led patients with conditions such as post-stroke, post-surgery, Parkinson's disease, Gullian-Barre syndrome, and lymphedema, through therapy exercises
- Assisted with exercise sessions by transferring patients and preparing equipment

**UWEC Community Fitness Program**, *Student Trainer*, Eau Claire, WI December 2021 - May 2022

- Designed individual exercise programs tailored specifically to older adult clients
- Guided clients through exercises such as aerobics, resistance training, and stretching to help individuals achieve a healthier lifestyle

**Exercise Physiology Lab Assessment**, *Instructor*, Eau Claire, WI September 2021 - December 2021

- Delivered detailed exercise physiology tests to college students
- Led students through tests and explained individualized results

## OBSERVATION EXPERIENCE:

**Mayo Clinic Health System of Eau Claire**, Eau Claire, WI June 2021 - August 2021

- Observed patients of all ages in ultrasound therapy, splint development, and fluid therapy for 20 hours in outpatient hand clinic
- Witnessed geriatric patients recovering from stroke or surgery perform driving assessments and carry out activities of daily living in 20 hours of inpatient therapy

## CERTIFICATIONS:

American Red Cross, Adult and Child CPR/AED, Infant CPR, and First Aid Expires: March 2024  
American Heart Association, Basic Life Support (BLS) Expires: March 2024

## MEMBERSHIPS:

Pre-Occupational/Physical Therapy Club, *Member* September 2021 - Present  
Kinesiology Club, *Member* September 2020 - Present

## COMMUNITY INVOLVEMENT:

Eau Claire Marathon, *Volunteer*, Eau Claire, WI September 2020 - Present  
Community Table, *Volunteer*, Eau Claire, WI August 2020 - Present

## LEADERSHIP EXPERIENCE:

**University of Wisconsin – Eau Claire, Volleyball Team**, *Captain*, Eau Claire, WI August 2021 - Present

- Coordinate with coaching staff to develop activities to enhance team cohesiveness
- Lead tours of athletic facilities to prospective student-athletes and answer questions related to campus
- Demonstrate effective communication skills to assist in mediating team conflict
- Plan, organize, and facilitate daily volleyball activities during UWEC summer camp for children ages 7-9